

November in Review: 10 Top Health Press Releases

A roundup of the most newsworthy healthcare press releases from PR Newswire, including new company mergers, Alzheimer's fundraising and advances in obesity care

NEW YORK, Dec. 5, 2025 /PRNewswire/ – With thousands of press releases published each month, it can be difficult to keep up with everything on PR Newswire. To help health journalists and consumers stay on top of the month's most popular releases and newsworthy trends, here's a recap of some of the past month's most read- and engaged-with stories.



(https://mma.prnewswire.com/media/2839032/top_releases_nov2025_health.html)

The list below includes the headline (with a link to the full text) and an excerpt from each story. Click on the press release headlines to access accompanying multimedia assets that are available for download.

1. **Abbott to Acquire Exact Sciences, a Leader in Large and Fast-Growing Cancer Screening and Precision Oncology Diagnostics Segments** (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=441324057&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2Fabbott-to-acquire-exact-sciences-a-leader-in-large-and-fast-growing-cancer-screening-and-precision-oncology-diagnostics-segments-302621643.html&a=Abbott+to+Acquire+Exact+Sciences%2C+a+Leader+in+Large+and+Fast-Growing+Cancer+Screening+and+Precision+Oncology+Diagnostics+Segments>)

This acquisition will uniquely position Abbott to transform cancer care, advancing earlier detection and optimizing treatment and monitoring to help millions more people live longer lives.

2. **Braveheart Bio Launches with \$185M Series A Aiming to Transform Care of Hypertrophic Cardiomyopathy** (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=3666542536&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2Fbraveheart-bio-launches-with-185m-series-a-aiming-to-transform-care-of-hypertrophic-cardiomyopathy-302604764.html&a=Braveheart+Bio+Launches+with+%24185M+Series+A+Aiming+to+Transform+Care+of+Hypertrophic+Cardiomyopathy>)

The company's board will include Chris Viehbacher as Chair, with investor syndicate led by Andreessen Horowitz, Forbion, and OrbiMed with participation from Enavate Scientific (a platform of Patient Square Capital) and Frazier Life Sciences.

3. **Vanda Pharmaceuticals Reports Positive Results for Tradipitant in Preventing GLP-1 Induced Nausea and Vomiting** (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=425361846&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2Fvanda-pharmaceuticals-reports-positive-results-for-tradipitant-in-preventing-glp-1-induced-nausea-and-vomiting-302617739.html&a=Vanda+Pharmaceuticals+Reports+Positive+Results+for+Tradipitant+in+Preventing+GLP-1+Induced+Nausea+and+Vomiting>)

This study, which pre-treated patients with either tradipitant or placebo before administering a 1 mg injection of Wegovy®, a dose that normally takes 9 weeks of titration to succeed and met its primary endpoint, with only 29.3% of tradipitant-treated participants (17/58) experiencing vomiting compared to 58.6% on placebo (34/58) (p=0.0016) representing a 50% relative reduction.

4. **Number of Full-Time Workers Who Are Juggling Caregiving Responsibilities Has Increased by Double Digits, Even as More Women Leave the Workforce** (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=2411109649&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2Fnumber-of-full-time-workers-who-are-juggling-caregiving-responsibilities-has-increased-by-double-digits-even-as-more-women-leave-the-workforce-302619200.html&a=Number+of+Full-Time+Workers+Who+Are+Juggling+Caregiving+Responsibilities+Has+Increased+by+Double+Digits%2C+Even+as+More+Women+Leave+the+Workforce>)

Among all Americans who remain in the workforce full time, nearly half (43%) juggle caregiving duties. This represents a 13% increase from prior years, when 38% of full-time employees reported having caregiving responsibilities in 2019.

5. **Seth Rogen and Lauren Miller Rogen's Non-Profit Hilarity for Charity Raises \$1.3 Million for Alzheimer's at "Friendsgiving" Fundraiser** (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=3031040334&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2Fseth-rogen-and-lauren-miller-rogens-non-profit-hilarity-for-charity-raises-1.3-million-for-alzheimers-at-friendsgiving-fundraiser-302616615.html&a=Seth+Rogen+and+Lauren+Miller+Rogen%27s+Non-Profit+Hilarity+for+Charity+Raises+%241.3+Million+for+Alzheimer%27s+at+%22Friendsgiving%22+Fundraiser>)

The event raised \$1.3M and all proceeds directly benefit HFC's pioneering brain health education and essential resources for Alzheimer's caregivers.

6. **Pfizer and Metsera Enter into Merger Agreement Amendment; Metsera's Board of Directors Reaffirms Support of Merger with Pfizer** (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=2026958442&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2Fpfizer-and-metsera-enter-into-merger-agreement-amendment-metseras-board-of-directors-reaffirms-support-of-merger-with-pfizer-302609256.html&a=Pfizer+and+Metsera+Enter+into+Merger+Agreement+Amendment%3B+Metsera%27s+Board+of+Directors+Reaffirms+Support+of+Merger+with+Pfizer>)

This transaction creates real, certain and immediate value for Metsera's stockholders and ensures Metsera's important drug candidates can emerge as key competitors available to patients.

7. **Viking Therapeutics Highlights Clinical Data from VK2735 Obesity Program in Presentation at ObesityWeek® 2025** (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=3173946114&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2Fviking-therapeutics-highlights-clinical-data-from-vk2735-obesity-program-in-presentation-at-obesityweek-2025-302609256.html&a=Viking+Therapeutics+Highlights+Clinical+Data+from+VK2735+Obesity+Program+in+Presentation+at+ObesityWeek%26%2025>)



VK2735 is a dual agonist of the glucagon-like peptide 1 (GLP-1) and glucose-dependent insulinotropic polypeptide (GIP) receptors being developed for the potential treatment of various metabolic disorders. Viking is evaluating both subcutaneous and oral formulations of VK2735 in clinical trials.

8. **Klückner Pentaplast Enters Agreement With Key Stakeholders to Strengthen Financial Position** (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=1958733171&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FKlockner-pentaplast-enters-agreement-with-key-stakeholders-to-strengthen-position-302604986.html&a=Kl%3B%26ckner+Pentaplast+Enters+Agreement+With+Key+Stakeholders+to+Strengthen+Financial+Position>)

The restructuring plan will substantially reduce the Company's funded debt by approximately €1.3 billion, which will meaningfully strengthen the Company's balance sheet and enhance its financial flexibility moving forward. Under the terms of the RSA, following the consummation of the restructuring plan, ownership of the Company will transition to its financial partners.

9. **Novo Nordisk Presents Four New Analyses on Oral Semaglutide 25 MG (Wegovy® in a Pill*) at ObesityWeek® 2025, Including Demonstrated Reductions in Cardiovascular Risk Factors** ([https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=1158258893&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FNovo-nordisk-presents-four-new-analyses-on-oral-semaglutide-25-mg-wegovy-in-a-pill-at-obesityweek-2025-including-demonstrated-reductions-in-cardiovascular-risk-factors-302605329.html&a=Novo+Nordisk+Presents+Four+New+Analyses+on+Oral+Semaglutide+25+MG+\(Wegovy%2AE+in+a+Pill*\)+at+Obesityweek%2AE+2025%2C+Including+Demonstrated+Reductions+in+Cardiovascular+Risk+Factors](https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=1158258893&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FNovo-nordisk-presents-four-new-analyses-on-oral-semaglutide-25-mg-wegovy-in-a-pill-at-obesityweek-2025-including-demonstrated-reductions-in-cardiovascular-risk-factors-302605329.html&a=Novo+Nordisk+Presents+Four+New+Analyses+on+Oral+Semaglutide+25+MG+(Wegovy%2AE+in+a+Pill*)+at+Obesityweek%2AE+2025%2C+Including+Demonstrated+Reductions+in+Cardiovascular+Risk+Factors))

"Novo Nordisk has pioneered innovation in the obesity class for 25 years, and the oral semaglutide data at ObesityWeek® reflect our drive to improve the lives of people living with obesity," said Martin Holst Lange, chief scientific officer and executive vice president of Research & Development at Novo Nordisk. "The OASIS 4 results that we are sharing at this important meeting build on existing clinical trial evidence for oral semaglutide and extend findings beyond weight loss to suggested improvements in overall health."

10. **Solventum Announces Agreement to Acquire Acera Surgical** (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=3381536555&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FSolventum-announces-agreement-to-acquire-acera-surgical-302621156.html&a=Solventum+Announces+Agreement+to+Acquire+Acera+Surgical>)

Acera's innovation engine and commercial footprint align with Solventum's leadership in advanced wound care, its clinical relationships and go-to-market capabilities. The acquisition is expected to enable accelerated adoption of ReStrata® products in the acute care market and generate synergies by leveraging Solventum's global footprint, specialized sales force, and leadership in negative pressure wound therapy.

For more news like this, check out all of the latest health-related releases from PR Newswire (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=721852449&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2Fhealth-latest-news%2Fhealth-latest-news-list%2F&a=the+latest+health-related+releases+from+PR+Newswire>).

Trending Topics

Among the health news that was distributed in November, the PR Newswire team was able to spot several larger stories that highlight the trends shaping the industry.

- **Veterans' healthcare:** Veterans Day was observed nationwide on Nov. 11, which not only meant recognition for veterans and their service, but also presented an opportunity to highlight healthcare issues among them. The Melanoma Research Alliance (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=56661520&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FMelanoma-emerging-as-growing-threat-to-us-veterans-warns-melanoma-research-alliance-302610836.html&a=Melanoma+Research+Alliance>) shone a light on the rising rates of melanoma among U.S. military personnel and veterans. The American Liver Foundation ([https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=1261980370&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FALF-celebrates-veterans-launch-of-new-veterans-information-center-302611207.html&a=American+Liver+Foundation+\(ALF\)](https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=1261980370&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FALF-celebrates-veterans-launch-of-new-veterans-information-center-302611207.html&a=American+Liver+Foundation+(ALF))) launched a new Veterans Information Center to provide information and support to veterans at risk of liver disease. The Wounded Warrior Project (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=643782497&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FHonoring-warriors-this-veterans-day-302604237.html&a=Wounded+Warrior+Project>) issued its yearly announcement as well, honoring the service and sacrifices of veterans everywhere and highlighting the importance of them receiving their well-earned healthcare benefits.
- **More youth mental health awareness:** The trend of focusing on youth mental health continued into November as more organizations expressed their awareness. Children's Hospital of Philadelphia (CHOP) ([https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=2106691356&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FCHOP-study-links-smartphone-ownership-in-childhood-to-increased-risk-of-depression-and-obesity-in-youth-302627044.html&a=Children%27s+Hospital+of+Philadelphia+\(CHOP\)](https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=2106691356&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FCHOP-study-links-smartphone-ownership-in-childhood-to-increased-risk-of-depression-and-obesity-in-youth-302627044.html&a=Children%27s+Hospital+of+Philadelphia+(CHOP))) released a study linking smartphone usage in early adolescence with increased rates of depression and obesity in children and young adults. Montefiore Health System (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=537420071&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2Fmontefiore-einstein-addresses-youth-mental-health-crisis-with-unveiling-of-inpatient-pediatric-mental-health-center-302624898.html&a=Montefiore+Health+System>) announced the completion of a new inpatient pediatric mental health center in New York. Also in New York, Aura (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=3052284020&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FAura-clinical-study-the-impact-of-technology-on-military-childrens-mental-health-302602305.html&a=Aura>) announced an expansion of its TECHWISE clinical study program to investigate and understand how technology usage affects the mental health and wellbeing of military children.
- **Thanksgiving health:** Thanksgiving is among the most celebrated holidays in the United States, and several organizations were at the ready to remind us on how to be safe and healthy during the holiday season. The American Academy of Orthopaedic Surgeons (AAOS) ([https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=2085516966&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FCarve-the-turkey-not-your-hand-orthopaedic-experts-share-simple-steps-to-keep-you-injury-free-302614868.html&a=American+Academy+of+Orthopaedic+Surgeons+\(AAOS\)](https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=2085516966&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FCarve-the-turkey-not-your-hand-orthopaedic-experts-share-simple-steps-to-keep-you-injury-free-302614868.html&a=American+Academy+of+Orthopaedic+Surgeons+(AAOS))) helped spread awareness for practicing safety when handling sharp knives and using them when it comes time to prepare Thanksgiving dinner. A LifeStance Health (<https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=1534864277&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FNearly-7-in-10-americans-feel-pressure-to-appear-happier-than-they-are-this-holiday-302604831.html&a=LifeStance+Health>) survey revealed deeper details of stressed-out Americans who feel they need to feign happiness and contentment when around family and friends over the holiday season, reminding us all to practice stress management to avoid becoming overwhelmed. And as people prepared to visit older relatives, the American Speech-Language-Hearing Association (ASHA) ([https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=2422232311&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FHome-for-the-holidays-experts-share-tips-for-communicating-and-connecting-when-a-loved-one-has-dementia-302617530.html&a=American+Speech-Language+Hearing+Association+\(ASHA\)](https://edge.prnewswire.com/c/link/?t=0&l=en&o=4573184-1&h=2422232311&u=https%3A%2F%2Fwww.prnewswire.com%2Fnews-releases%2FHome-for-the-holidays-experts-share-tips-for-communicating-and-connecting-when-a-loved-one-has-dementia-302617530.html&a=American+Speech-Language+Hearing+Association+(ASHA))) shared information and simple strategies to help create comfortable and inviting spaces for loved ones with dementia.

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