

LIVER DISEASE & MENTAL HEALTH

How Liver Disease Can Affect Your Quality of Life

Wednesday, October 22, 2025

7:00pm ET

People with chronic liver disease (CLD) often face increased anxiety, depression, and other challenges due to physical symptoms, lifestyle changes, emotional strain, and stigma.

This patient educational webinar, held in collaboration with Liver Canada, will explore the connection between CLD and mental health. Topics will include:

- Emotional impacts of CLD on patients and caregivers
- Strategies to manage anxiety, depression, and isolation
- Incorporating mental health support into your CLD journey for a more holistic, patient-centered care
- Insights on building a strong support network
- Effective interventions to improve overall well-being

By making the connection between CLD and mental health, this program empowers patients and caregivers to improve treatment outcomes, enhance quality of life, and foster a supportive, comprehensive healthcare experience.

To learn more or register now, click [here](#).

EXPERT SPEAKERS:



Anahli Patel, PsyD, HSPP
Clinical Psychologist,
Digestive & Liver Disorders



Karen Trainoff, MSC, MAPP
Registered Social Worker &
Positive Psychology
Practitioner