

**PREVALENCE OF LIVER DISEASE
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



Virginia Residents Affected by Liver Disease



Andrew C.

Andrew advocates to raise awareness around the importance of organ donation and access to affordable care. Andrew was admitted to the hospital and diagnosed with liver failure in the Summer of 2024. Despite receiving a successful liver transplant last Fall, his family has experienced many financial hardships due to high out-of-pocket expenses and his inability to work.



Albertina D.

Albertina advocates to raise awareness about the importance of liver health and maintaining a healthy diet and lifestyle. In 2022, Albertina was diagnosed with metabolic dysfunction-associated steatotic liver disease (MASLD), which quickly progressed to stage three liver cancer. Albertina fights every day to get healthier but has to worry about medication and treatment.



Manish P.

Manish advocates to raise awareness about the importance of liver health. Manish has a relative, who was recently diagnosed with acute liver disease due to years of alcohol-use disorder, now considered a brain disorder. They are currently in rehabilitation.

State Statistics

1,178

Virginia residents died of liver disease/cirrhosis in 2023

296

liver transplants were performed in Virginia in 2025

269

people are on the liver transplant waitlist

42

Virginians died while on the liver transplant waitlist in 2025

11.3%

of adults in Virginia have diabetes

35.4%

of adults in Virginia are obese

20.2%

of adults have no leisurely physical activity

ALF 2026 Legislative Priorities

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskas Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).