

PREVALENCE OF LIVER DISEASE STATE FACT SHEET

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



Utah Residents Affected by Liver Disease



MaryLynn B.

MaryLynn advocates for health equity and better access to liver health experts in rural areas. MaryLynn was diagnosed with metabolic dysfunction-associated steatotic liver disease (MASLD), which quickly progressed to decompensated cirrhosis. She believes if she had better access to liver health experts, her disease progression could have been slowed significantly.



Natalie S.

Natalie advocates for health equity and better access to liver health experts. Natalie had a cyst on her liver which was partially removed by a local surgeon. Over the next few years, the cyst began to regrow and after seeing a new doctor, Natalie had to have part of her liver resected, or removed, to fully remove the cyst. Natalie now feels healthier than ever before and credits her insurance company for helping her find an in-network liver health expert in her area.

State Statistics

322

Utah residents died of liver disease/cirrhosis in 2022

242

liver transplants were performed in Utah

78

people are on the liver transplant waitlist

10

Utahns have died while on the liver transplant waitlist

9.1%

of adults in Utah have diabetes

31.8%

of adults in Utah are obese

17.1%

of adults have no leisurely physical activity

ALF 2025 Legislative Priorities

- Increase funding for MASLD research and education
- Expand liver disease surveillance and prevention efforts at the CDC
- Finalize coverage for anti-obesity medication under Medicare Part D
- Support laws like the [Living Donor Protection Act](#), [Safe Step Act](#), [HOLD Act](#) and [HELP Copays Act](#)
- Improve access to liver disease treatments and reduce out-of-pocket costs

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).