


**PREVALENCE OF LIVER DISEASE
STATE FACT SHEET**


American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



Utah Residents Affected by Liver Disease



MaryLynn B.
MaryLynn advocates for health equity and better access to liver health experts in rural areas. MaryLynn was diagnosed with metabolic dysfunction-associated steatotic liver disease (MASLD), which quickly progressed to decompensated cirrhosis. She believes if she had better access to liver health experts, her disease progression could have been slowed significantly.



Natalie S.
Natalie advocates for health equity and better access to liver health experts. Natalie had a cyst on her liver which was partially removed by a local surgeon. Over the next few years, the cyst began to regrow and after seeing a new doctor, Natalie had to have part of her liver resected, or removed, to fully remove the cyst. Natalie now feels healthier than ever before and credits her insurance company for helping her find an in-network liver health expert in her area.

State Statistics

335	Utah residents died of liver disease/cirrhosis in 2023
295	liver transplants were performed in Utah in 2025
55	people are on the liver transplant waitlist
39	Utahans died while on the liver transplant waitlist in 2025
9.1%	of adults in Utah have diabetes
31.8%	of adults in Utah are obese
17.1%	of adults have no leisurely physical activity

ALF 2026 Legislative Priorities

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskis Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).