

**PREVALENCE OF LIVER DISEASE
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



Texas Residents Affected by Liver Disease



Rayyan Q.

Rayyan advocates for policies that expand liver disease prevention, early screening, and federal research funding. As a research intern at UT Southwestern Medical Center and a seminary graduate, he brings a scientific and community-centered perspective to liver health. He believes strong public policy is essential to reducing disparities, strengthening prevention efforts, and ensuring patients and families have access to affordable, lifesaving care.



Aaliyan Q.

Aaliyan advocates to raise awareness about liver disease prevention and the need for increased federal investment in liver disease research. Motivated by how often liver disease goes undetected until it becomes life-threatening, he focuses on advancing screening and access to care. Committed to medicine and patient advocacy, Aaliyan works to reduce preventable loss caused by delayed diagnosis, unaffordable treatment, and limited access to lifesaving transplant support.



David R.

David advocates to help raise awareness about the importance of organ donation and increasing living donor protections. David was diagnosed with primary sclerosing cholangitis (PSC) at age 49 and was given one year to live. Thanks to a non-directed living liver donor, David was given a second chance at life.

State Statistics

5,168

Texas residents died from liver disease/cirrhosis in 2023

1,208

liver transplants were performed in Texas in 2025

1,350

people are on the liver transplant waitlist

112

Texans died while on the liver transplant waitlist in 2025

13.4%

of adults in Texas have diabetes

35.7%

of adults in Texas are obese

25.3%

of adults have no leisurely physical activity

ALF 2026 Legislative Priorities

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskis Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).