

**PREVALENCE OF LIVER DISEASE
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



Tennessee Residents Affected by Liver Disease



Brad D.

Brad advocates for increased federal funding for rare liver disease research. Brad learned he had Gilbert's syndrome, a genetic disorder where the liver does not properly process bilirubin. Doctors monitored him and he had no symptoms until January 2022, at age 50. Brad now has liver cirrhosis and is in need of a lifesaving liver transplant.



Patrick M.

Patrick advocates for increased liver health education and better access to specialized care. After months of trying to navigate the healthcare system, Patrick's wife was diagnosed with alcohol-associated cirrhosis and is now in need of a lifesaving liver transplant. Patrick believes her outcome may have been better had they seen a liver specialist, or received clear medical direction months earlier.



Carley V.

Carley, Miss Tennessee 2024, advocates to raise awareness about liver disease and help dispel negative stigma in the U.S. Diagnosed with autoimmune hepatitis at age 12, Carley has turned her diagnosis into a platform for good; recently placing third in the 2025 Miss America Pageant, Carley stands as a beacon of hope for the 100 million Americans affected by liver disease.

State Statistics

1,288

Tennessee residents died of liver disease/cirrhosis in 2023

251

liver transplants were performed in Tennessee in 2025

131

people are on the liver transplant waitlist

19

Tennesseans died while on the liver transplant waitlist in 2025

13.1%

of adults in Tennessee have diabetes

39.1

of adults in Tennessee are obese

26.5%

of adults have no leisurely physical activity

ALF 2026 Legislative Priorities

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskas Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).