

**PREVALENCE OF LIVER DISEASE  
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



**Oklahoma Residents Affected by Liver Disease**



**Pamela Y.**

Pamela advocates to raise awareness about liver disease and the importance of organ donation. Pamela learned she was born with alpha-1 antitrypsin deficiency, a hereditary genetic disease, after going to the doctor with flu-like symptoms. The disease had been silently damaging her liver for years, and she was now in an advanced stage of liver cirrhosis with two years to live. Thankfully, through organ donation, Pamela received a lifesaving liver transplant on October 19, 2014.

**State Statistics**

**859**

Oklahoma residents died from liver disease/cirrhosis in 2023

**119**

liver transplants were performed in Oklahoma in 2025

**87**

people are on the liver transplant waitlist

**4**

Oklahomans died while on the liver transplant waitlist in 2025

**12.2%**

of adults in Oklahoma have diabetes

**40.6%**

of adults in Oklahoma are obese

**28.6%**

of adults have no leisurely physical activity

**ALF 2026 Legislative Priorities**

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskas Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit [liverfoundation.org](http://liverfoundation.org) or call 1-800-GO-LIVER (800-465-4837).