

PREVALENCE OF LIVER DISEASE STATE FACT SHEET

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.

New Jersey Residents Affected by Liver Disease



David F.

David advocates for patients like his mom, Geraldine, who died six weeks after being diagnosed with metabolic dysfunction associated steatohepatitis (MASH). The family had no idea she was sick until one day while on vacation, they noticed yellowing in her eyes and encouraged her to seek medical attention upon arriving back at home. David's mom was admitted to the hospital and was in desperate need of a liver transplant. Unfortunately, she passed away while her daughter, David's sister, was preparing to become her living liver donor.



Joseph K.

Joseph advocates to raise awareness around the importance of liver health. He had no idea how important a healthy diet and exercise were until 2018, when he went in for an ultrasound and learned that his liver was twice the normal size. He was diagnosed with metabolic dysfunction associated steatotic liver disease (MASLD) and, if he improves his diet and increases his exercise, he may be able to reverse the disease progression.



Shelley R.

Shelley advocates for increased federal funding for liver disease research and access to treatments like the one that saved her life. In 2009, Shelley found out she had hepatitis C after giving blood to the Red Cross. Thanks to advancements in liver research, she was cured in 2015.



State Statistics

989

New Jersey residents died of liver disease/cirrhosis in 2022

80

liver transplants were performed in New Jersey

91

people are on the liver transplant waitlist

6

New Jerseyans have died while on the liver transplant waitlist

9.5%

of adults in New Jersey have diabetes

29%

of adults in New Jersey are overweight or obese

22.8%

of adults have no leisurely physical activity

ALF 2025 Legislative Priorities

- Increase funding for MASLD research and education
- Expand liver disease surveillance and prevention efforts at the CDC
- Finalize coverage for anti-obesity medication under Medicare Part D
- Support laws like the [Living Donor Protection Act](#), [Safe Step Act](#), [HOLD Act](#) and [HELP Copays Act](#)
- Improve access to liver disease treatments and reduce out-of-pocket costs

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).