

**PREVALENCE OF LIVER DISEASE  
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



**New Mexico Residents Affected by Liver Disease**

**Evelyn R.**  
Evelyn advocates to raise awareness about the importance of organ donation and increased federal funding for liver disease research. In 1995 Evelyn received a letter from a blood bank letting her know she had hepatitis C (HCV). She lived with minimal symptoms until 2009, when she was diagnosed with liver cirrhosis and told she needed a lifesaving liver transplant. Evelyn's first transplant in 2011 failed, but her second in 2015 was successful. Evelyn still has no idea how she contracted HCV.

**Jessica L.**  
Jessica advocates to raise awareness about the importance of early detection and screening of liver disease. After years of living with undiagnosed abdominal pain, fatigue, and nausea, doctors found a tumor on Jessica's liver during a scan at the ER. Months of testing, revealed she had hepatocellular adenomas, or lesions, on the liver, often caused by the use of hormonal birth control. Jessica hopes she can help raise awareness and shed light on this common but overlooked condition.

**State Statistics**

<b>757</b>	New Mexico residents died of liver disease/cirrhosis in 2023
<b>NA</b>	liver transplants were performed in New Mexico
<b>NA</b>	people are on the liver transplant waitlist
<b>NA</b>	New Mexicans have died while on the liver transplant waitlist
<b>11.2%</b>	of adults in New Mexico have diabetes
<b>33.4%</b>	of adults in New Mexico are obese
<b>23.9%</b>	of adults have no leisurely physical activity

**ALF 2026 Legislative Priorities**

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskis Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit [liverfoundation.org](http://liverfoundation.org) or call 1-800-GO-LIVER (800-465-4837).