

**PREVALENCE OF LIVER DISEASE  
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



**New Jersey Residents Affected by Liver Disease**



**David F.**

David advocates for patients like his mom, Geraldine, who died six weeks after being diagnosed with metabolic dysfunction associated steatohepatitis (MASH). The family had no idea she was sick until one day while on vacation, they noticed yellowing in her eyes and encouraged her to seek medical attention upon arriving back at home. David’s mom was admitted to the hospital and was in desperate need of a liver transplant. Unfortunately, she passed away while her daughter prepared to become her living liver donor.



**Pooja Subramanian**

Pooja advocates to raise awareness for liver disease prevention, early detection, and equitable access to resources for liver and transplant patients in honor of her beloved mother, who passed away from liver disease in 2022, and her grandfather, who died from the same illness years before. Experiencing this multi-generational loss fuels her commitment to advancing education, expanding access to early screening and care, and supporting research so liver disease is identified sooner and other families do not face the same outcome.



**Shelley R.**

Shelley advocates for increased federal funding for liver disease research and better access to treatments like the one that saved her life. In 2009, Shelley discovered she had hepatitis C after giving blood to the Red Cross. Thanks to advancements in liver research, she was cured in 2015.

**State Statistics**

<b>903</b>	New Jersey residents died of liver disease/cirrhosis in 2023
<b>72</b>	liver transplants were performed in New Jersey in 2025
<b>90</b>	people are on the liver transplant waitlist
<b>6</b>	New Jerseyans died on the liver transplant waitlist in 2025
<b>9.5%</b>	of adults in New Jersey have diabetes
<b>29%</b>	of adults in New Jersey are obese
<b>22.8%</b>	of adults have no leisurely physical activity

**ALF 2026 Legislative Priorities**

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskas Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit [liverfoundation.org](http://liverfoundation.org) or call 1-800-GO-LIVER (800-465-4837).