

**PREVALENCE OF LIVER DISEASE
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



North Carolina Residents Affected by Liver Disease



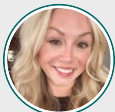
Darryl E.

Darryl, a retired U.S. veteran, advocates to raise awareness about organ donation and for increased federal funding for liver research. In 2006, Darryl was diagnosed with hepatitis C (HCV) and liver cancer. Thanks to advancements in liver disease research and transplantation, Darryl received a second chance at life in 2015 and is cured of HCV.



Susan L.

Susan advocates to raise awareness about liver disease. A liver transplant recipient, her journey included liver lymphoma, non-alcoholic cirrhosis, and severe complications requiring hospitalization. After nearly a year on the liver transplant waitlist, Susan received a second chance at life and now shares her story in honor of her donor and in support of those facing similar journeys.



Samantha S.

Samantha advocates for liver health because it is not abstract to her - it's lifelong. She lives with liver tumors that require ongoing monitoring, with serious consequences if not detected early. Her story highlights the importance of prevention, and affordable access to care for improving outcomes and reducing long-term healthcare costs.

State Statistics

1,712

North Carolina residents died of liver disease/cirrhosis in 2023

385

liver transplants were performed in North Carolina in 2025

103

people are on the liver transplant waitlist

8

North Carolinians died while on the liver transplant waitlist in 2025

10.8%

of adults in North Carolina have diabetes

34.2%

of adults in North Carolina are obese

22.7%

of adults have no leisurely physical activity

ALF 2026 Legislative Priorities

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskas Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).