

## PREVALENCE OF LIVER DISEASE STATE FACT SHEET

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.

## MASSACHUSETTS



### Massachusetts Residents Affected by Liver Disease



#### Susan A.

Susan advocates to raise awareness about the correlation between the rising obesity epidemic, and the nationwide increase in liver disease. Susan, a retired registered nurse, had no idea her type-2 diabetes could be damaging her liver. Despite keeping her diabetes under control, Susan found herself diagnosed with metabolic dysfunction associated steatohepatitis (MASH), which progressed to liver cirrhosis. Susan began a diet and exercise regime and lost 35lbs. She has slowed the progression.



#### Lydia D.

Lydia advocates on behalf of patients living with rare and autoimmune liver diseases. Lydia had no idea she was born with a chronic autoimmune liver disease until the day she found herself fighting for her life. Now, she is on a mission to help spread awareness about the importance of liver health and early detection, and to encourage lawmakers to increase federal funding for the study of liver disease research.

### State Statistics

**949**

Massachusetts residents died of liver disease/cirrhosis in 2022

**390**

liver transplants were performed in Massachusetts

**414**

people are on the liver transplant waitlist

**43**

Bay Staters have died while on the liver transplant waitlist

**9.2%**

of adults in Massachusetts have diabetes

**27.1%**

of adults in Massachusetts are obese

**20.6%**

of adults have no leisurely physical activity

### ALF 2025 Legislative Priorities

- Increase funding for MASLD research and education
- Expand liver disease surveillance and prevention efforts at the CDC
- Finalize coverage for anti-obesity medication under Medicare Part D
- Support laws like the [Living Donor Protection Act](#), [Safe Step Act](#), [HOLD Act](#) and [HELP Copays Act](#)
- Improve access to liver disease treatments and reduce out-of-pocket costs

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit [liverfoundation.org](https://liverfoundation.org) or call 1-800-GO-LIVER (800-465-4837).