

## PREVALENCE OF LIVER DISEASE STATE FACT SHEET

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.

## MARYLAND



### Maryland Residents Affected by Liver Disease



#### Jamie I.

Jamie advocates to raise awareness about liver disease and help eliminate negative stigmas. In 2020, during the height of the COVID-19 pandemic, Jamie started working at a local food pantry. The stress of her job on the frontline took its toll, and she turned to alcohol as a way to cope. Unfortunately, this led to alcohol use disorder, now considered a brain disorder, and alcohol-associated liver disease (ALD). Thankfully, the hospital where Jamie received her liver transplant did not require her to have six months of sobriety before undergoing transplantation. She believes if they had, she would not be here today. Jamie continues to encourage hospitals nationwide to base treatment on medical status, not a patient's sobriety.

### State Statistics

665	Maryland residents died from liver disease/cirrhosis in 2022
213	liver transplants were performed in Maryland
450	people are on the liver transplant waitlist
42	Marylanders have died while on the liver transplant waitlist
10.6%	of adults in Maryland have diabetes
33.5%	of adults in Maryland are overweight or obese
20.5%	of adults have no leisurely physical activity

### ALF 2025 Legislative Priorities

- Increase funding for MASLD research and education
- Expand liver disease surveillance and prevention efforts at the CDC
- Finalize coverage for anti-obesity medication under Medicare Part D
- Support laws like the [Living Donor Protection Act](#), [Safe Step Act](#), [HOLD Act](#) and [HELP Copays Act](#)
- Improve access to liver disease treatments and reduce out-of-pocket costs

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit [liverfoundation.org](https://liverfoundation.org) or call 1-800-GO-LIVER (800-465-4837).