

**PREVALENCE OF LIVER DISEASE
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



Maine Residents Affected by Liver Disease



Manuela D.

Manuela advocates for patients and families affected by autoimmune liver disease, and for access to more affordable care and treatment. Manuela’s mother was diagnosed with primary biliary cholangitis (PBC), a chronic liver disease cause from progressive destruction of the liver’s bile ducts. Unfortunately, her mother’s insurance did not cover her medication, and she died just four years after diagnosis. Manuela was also recently diagnosed with PBC and hopes that by sharing her story and raising awareness, she may have a different health outcome than her late mother.

State Statistics

277

Maine residents died of liver disease/cirrhosis in 2023

NA

liver transplants were performed in Maine

NA

people are on the liver transplant waitlist

NA

Mainers have died while on the liver transplant waitlist

9.1%

of adults in Maine have diabetes

33.4%

of adults in Maine are obese

20.7%

of adults have no leisurely physical activity

ALF 2026 Legislative Priorities

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskas Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).