



MASSACHUSETTS

PREVALENCE OF LIVER DISEASE STATE FACT SHEET

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



Massachusetts Residents Affected by Liver Disease



Susan A.

Susan advocates to raise awareness about the correlation between the rising obesity epidemic, and the nationwide increase in liver disease. Susan, a retired registered nurse, had no idea her type-2 diabetes could be damaging her liver. Despite keeping her diabetes under control, Susan found herself diagnosed with metabolic dysfunction associated steatohepatitis (MASH), which progressed to liver cirrhosis. Susan began a diet and exercise regime and lost 35lbs. She has slowed the progression.



Lydia D.

Lydia advocates on behalf of patients living with rare and autoimmune liver diseases. Lydia had no idea she was born with a chronic autoimmune liver disease until the day she found herself fighting for her life. Now, she is on a mission to help spread awareness about the importance of liver health and early detection, and to encourage lawmakers to increase federal funding for the study of liver disease research.

State Statistics

911

Massachusetts residents died of liver disease/cirrhosis in 2023

562

liver transplants were performed in Massachusetts in 2025

329

people are on the liver transplant waitlist

31

Bay Staters died while on the liver transplant waitlist in 2025

9.2%

of adults in Massachusetts have diabetes

27.1%

of adults in Massachusetts are obese

20.6%

of adults have no leisurely physical activity

ALF 2026 Legislative Priorities

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskas Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).