

**PREVALENCE OF LIVER DISEASE  
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



**Louisiana Residents Affected by Liver Disease**



**Pauline G.**

Pauline advocates for equitable healthcare and access to better treatments. Pauline was diagnosed with primary biliary cholangitis (PBC) in 2020 and must take medication daily to slow the disease's progression. Unfortunately, the medication is expensive, even with insurance, and it doesn't even relieve her symptoms. The medication has made her sensitive to the sun, and the swelling in her abdomen from fluid buildup causes people to think she is pregnant.



**Sheryl J.**

Sheryl advocates to raise awareness around the importance of liver health and maintaining a healthy diet and lifestyle. In 2002, Sheryl was diagnosed with hepatitis C (HCV) after years of substance use disorder. Despite receiving treatment and being cured of HCV, Sheryl now finds herself battling another one of the 100 different types of liver disease: metabolic dysfunction-associated steatohepatitis (MASH).

**State Statistics**

**604**

Louisiana residents died from liver disease/cirrhosis in 2023

**189**

liver transplants were performed in Louisiana in 2025

**157**

people are on the liver transplant waitlist

**16**

Louisianans died while on the liver transplant waitlist in 2025

**13.3%**

of adults in Louisiana have diabetes

**40.3%**

of adults in Louisiana are obese

**27.5%**

of adults have no leisurely physical activity

**ALF 2026 Legislative Priorities**

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskas Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit [liverfoundation.org](http://liverfoundation.org) or call 1-800-GO-LIVER (800-465-4837).