KENTUCKY



PREVALENCE OF LIVER DISEASE STATE FACT SHEET

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change[™], represents more than 100 million Americans affected by liver disease.

Kentucky Residents Affected by Liver Disease



Ashley S.

Ashley advocates to raise awareness about genetic liver diseases and for better access to affordable care. She and her sister were were born with Byler disease, an inherited liver disease that affects the flow of bile in the liver and can lead to liver failure. Ashley and her sister received lifesaving liver transplants before age six, and their small-town story inspired the movie, Ordinary Angels.



Patrick S.

Patrick advocates on behalf of U.S. veterans and to stress the importance of liver disease education and early detection. Patrick, a retired Desert Storm veteran, was diagnosed with metabolic dysfunction-associated steatohepatitis (MASH) in his early 20's. Unsure of what it was, or how he developed it, doctors were unable to treat him. Now, after a 20-year career and deploying several times to the Middle East, Patrick has cirrhosis of the liver and may need a lifesaving liver transplant.



State Statistics	
939	Kentucky residents died from liver disease/cirrhosis in 2022
90	liver transplants were performed in Kentucky
114	people are on the liver transplant waitlist
34	Kentuckers have died while on the liver transplant waitlist
13%	of adults in Kentucky have diabetes
38.1%	of adults in Kentucky are overweight or obese
25.1%	of adults have no leisurely physical activity

ALF 2025 Legislative Priorities

- Increase funding for MASLD research and education
- Expand liver disease surveillance and prevention efforts at the CDC
- · Finalize coverage for anti-obesity medication under Medicare Part D
- Support laws like the Living Donor Protection Act, Safe Step Act, HOLD Act and HELP Copays Act
- Improve access to liver disease treatments and reduce out-of-pocket costs

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).