

**PREVALENCE OF LIVER DISEASE  
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.

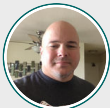


**Kentucky Residents Affected by Liver Disease**



**Ashley S.**

Ashley advocates to raise awareness about genetic liver diseases and better access to affordable care. Born with Byler disease, she and her sister both required lifesaving liver transplants before age six. Their story inspired the movie, Ordinary Angels.



**Patrick S.**

Patrick advocates to raise awareness about the importance of liver disease education, and early detection among U.S. veterans. In his 20's, Patrick was diagnosed with metabolic dysfunction-associated steatohepatitis (MASH), but limited understanding delayed treatment. After a 20-year military career and multiple Desert Storm deployments, Patrick's MASH developed into cirrhosis and he may soon need a lifesaving liver transplant.



**Dinah Michelle W.**

Dinah advocates to raise awareness about the importance of liver disease prevention and early detection. After years of unexplained illness, she was diagnosed with MASH, stage F3. Her diagnosis, despite the lack of common risk factors, highlighted critical gaps in education and awareness and fuels her advocacy among patients and providers alike.

**State Statistics**

**925**

Kentucky residents died from liver disease/cirrhosis in 2023

**91**

liver transplants were performed in Kentucky in 2025

**97**

people are on the liver transplant waitlist

**20**

Kentuckers died while on the liver transplant waitlist in 2025

**13%**

of adults in Kentucky have diabetes

**38.1%**

of adults in Kentucky are obese

**25.1%**

of adults have no leisurely physical activity

**ALF 2026 Legislative Priorities**

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskis Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit [liverfoundation.org](http://liverfoundation.org) or call 1-800-GO-LIVER (800-465-4837).