

PREVALENCE OF LIVER DISEASE STATE FACT SHEET

American Liver Foundation (ALF) Liver Life Advocates — Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).

ALF 2025 Legislative Priorities

- Increase funding for MASLD research and education
- Expand liver disease surveillance and prevention efforts at the CDC
- Finalize coverage for anti-obesity medication under Medicare Part D
- Support laws like the [Living Donor Protection Act](#), [Safe Step Act](#), [HOLD Act](#) and [HELP Copays Act](#)
- Improve access to liver disease treatments and reduce out-of-pocket costs



State Statistics

522

Iowa residents died from liver disease/cirrhosis in 2022

16

liver transplants were performed in Iowa

18

people are on the liver transplant waitlist

6

Iowans died while on the liver transplant waitlist

11.3%

of adults in Iowa have diabetes

37.8%

of adults in Iowa are overweight or obese

24.9%

of adults have no leisurely physical activity

LIVER LIFE ADVOCATES-
Raising Awareness, Advancing Change®