

**PREVALENCE OF LIVER DISEASE  
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



**Indiana Residents Affected by Liver Disease**



**Jessica H.**

Jessica advocates to raise awareness about autoimmune liver disease and the importance of organ donation. At age 14, Jessica was diagnosed with primary biliary cholangitis (PBC) and autoimmune hepatitis (AIH). Since then, she has made it her lifelong mission to educate people about their liver, dispel negative stigma and stress the importance, and lifesaving truths of organ donation.

**State Statistics**

<b>1,017</b>	Indiana residents died of liver disease/cirrhosis in 2023
<b>193</b>	liver transplants were performed in Indiana in 2025
<b>109</b>	people are on the liver transplant waitlist
<b>13</b>	Hoosiers died while on the liver transplant waitlist in 2025
<b>11.3%</b>	of adults in Indiana have diabetes
<b>38.4%</b>	of adults in Indiana are obese
<b>26.6%</b>	of adults have no leisurely physical activity

**ALF 2026 Legislative Priorities**

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskas Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit [liverfoundation.org](http://liverfoundation.org) or call 1-800-GO-LIVER (800-465-4837).