

PREVALENCE OF LIVER DISEASE STATE FACT SHEET

American Liver Foundation (ALF) Liver Life Advocates – Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).

ALF 2026 Legislative Priorities

- Support Living Donors: Advance the [Living Donor Protection Act](#) and the [Expanding Support for Living Organ Donors Act](#) to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the [Safe Step Act](#), [Treat and Reduce Obesity Act](#), and [HELP Copays Act](#) to improve access and affordability
- Pediatric Screening: Advance the [Jan Kalvinskas Pediatric Liver Cancer Early Detection and Screening Act](#) for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention



State Statistics

409

Iowa residents died from liver disease/cirrhosis in 2023

14

liver transplants were performed in Iowa in 2025

18

people are on the liver transplant waitlist

1

Iowan died while on the liver transplant waitlist in 2025

10.3%

of adults in Iowa have diabetes

37.8%

of adults in Iowa are obese

24.9%

of adults have no leisurely physical activity

LIVER LIFE ADVOCATES -
Raising Awareness, Advancing Change®