

**PREVALENCE OF LIVER DISEASE
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



Delaware Residents Affected by Liver Disease



Monique C.

Monique advocates to raise awareness about liver disease and the importance of organ donation and increasing living donor protections. Diagnosed with autoimmune hepatitis (AIH) at age 15, Monique knows firsthand how devastating liver disease is and feels fortunate to have received a life-saving liver transplant despite so many others still waiting on the transplant list.

State Statistics

159

Delaware residents died from liver disease/cirrhosis in 2023

3

liver transplants were performed in Delaware in 2025

6

people are on the liver transplant waitlist

2

Delawareans have died while on the liver transplant waitlist

11.9%

of adults in Delaware have diabetes

38%

of adults in Delaware are obese

22.7%

of adults have no leisurely physical activity

ALF 2026 Legislative Priorities

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskas Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).