

## PREVALENCE OF LIVER DISEASE STATE FACT SHEET

American Liver Foundation (ALF) Liver Life Advocates-Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.

### California Residents Affected by Liver Disease



#### Susan B.

Sue advocates to raise awareness about alcohol-associated liver disease caused by alcohol use disorder (AUD), and for better access to affordable care. After a close friend passed away, Sue vowed to take control of her AUD. Two weeks later, she was in the hospital, diagnosed with liver cirrhosis. Since then, Sue has focused on recovery and even reversed some liver stiffness.



#### Amber H., DO

Amber advocates for access to more affordable care and increasing donor protections. As a pediatric hepatologist, she regularly sees families suffer financial burdens due to insurance not covering crucial medication and formula vital to a pediatric liver patients' growth. In addition, bills such as the Living Donor Protection Act are essential to ensuring we grow the number of living donors and eliminate the pediatric waitlist.



#### Menchie G.

Menchie advocates to raise awareness around the importance of liver disease prevention and early detection. After her husband, Roger, was diagnosed with liver cancer she became his full-time caregiver and vowed to stay strong for him. Since his passing in 2017, Menchie honors him by remaining a strong advocate for liver health.



#### Manny M.

Manny advocates to raise awareness about steatotic (fatty) liver disease in the Hispanic community and to encourage people to get screened before it is too late and they too need a lifesaving liver transplant.



### State Statistics

**6,630**

California residents died from liver disease/cirrhosis in 2022

**1,202**

liver transplants were performed in California

**566**

people are on the liver transplant waitlist

**128**

Californians have died while on the liver transplant waitlist

**10.7%**

of adults in California have diabetes

**28.3%**

of adults in California are overweight or obese

**21.6%**

of adults have no leisurely physical activity

### ALF 2025 Legislative Priorities

- Increase funding for MASLD research and education
- Expand liver disease surveillance and prevention efforts at the CDC
- Finalize coverage for anti-obesity medication under Medicare Part D
- Support laws like the [Living Donor Protection Act](#), [Safe Step Act](#), [HOLD Act](#) and [HELP Copays Act](#)
- Improve access to liver disease treatments and reduce out-of-pocket costs

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit [liverfoundation.org](https://liverfoundation.org) or call 1-800-GO-LIVER (800-465-4837).