


**PREVALENCE OF LIVER DISEASE
STATE FACT SHEET**


American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



Connecticut Residents Affected by Liver Disease



Larry M.
Larry advocates to raise awareness about liver disease and the importance of liver health. Larry was completely unaware he had liver disease until he was admitted to the hospital with severe jaundice or yellowing of the skin. He was in acute liver failure and placed on the liver transplant waitlist that same day. One week later on his 44th birthday, Larry underwent a successful liver transplant and got a second chance through the gift of life.



Caleigh M.
Caleigh advocates for greater awareness of liver health and the importance of organ donation. For years, her father battled illness before receiving a life-saving living liver transplant from his brother. Witnessing the impact of liver disease firsthand has shaped her perspective and fuels her commitment to educating others and raising awareness.

State Statistics	
531	Connecticut residents died of liver disease/ cirrhosis in 2023
70	liver transplants were performed in Connecticut in 2025
138	people are on the liver transplant waitlist
14	Nutmeggers died while on the liver transplant waitlist in 2025
9.2%	of adults in Connecticut have diabetes
30.7%	of adults in Connecticut are obese
22.5%	of adults have no leisurely physical activity

- ALF 2026 Legislative Priorities**
- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
 - Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
 - Pediatric Screening: Advance the Ian Kalvinskis Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
 - CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).