

**PREVALENCE OF LIVER DISEASE
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates-Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



California Residents Affected by Liver Disease



Susan B.

Sue advocates to raise awareness about alcohol-associated liver disease caused by alcohol use disorder (AUD), and for better access to affordable care. After a close friend passed away, Sue vowed to take control of her AUD. Two weeks later, she was in the hospital, diagnosed with liver cirrhosis. Since then, Sue has focused on recovery and even reversed some liver stiffness.



Rebecca Ann F.

Rebecca advocates for greater equity and access to affordable care for all patients. As a survivor of rare liver tumors that required the removal of 65% of her liver, she understands that her access to top-tier health insurance, world-class surgeons, and a dedicated, persistent medical team was a privilege—one not available to many patients.



Menchie G.

Menchie advocates to raise awareness around the importance of liver disease prevention and early detection. After her husband, Roger, was diagnosed with liver cancer she became his full-time caregiver and vowed to stay strong for him. Since his passing in 2017, Menchie honors him by remaining a strong advocate for liver health.



Manny M.

Manny advocates to raise awareness about steatotic (fatty) liver disease in the Hispanic community and to encourage people to get screened before it is too late and they too need a lifesaving liver transplant.

State Statistics

6,474	California residents died from liver disease/cirrhosis in 2023
1,263	liver transplants were performed in California in 2025
1,420	people are on the liver transplant waitlist
103	Californians died while on the liver transplant waitlist in 2025
10.7%	of adults in California have diabetes
28.3%	of adults in California are obese
21.6%	of adults have no leisurely physical activity

ALF 2026 Legislative Priorities

- Support Living Donors: Advance the Living Donor Protection Act and the Expanding Support for Living Organ Donors Act to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the Safe Step Act, Treat and Reduce Obesity Act, and HELP Copays Act to improve access and affordability
- Pediatric Screening: Advance the Ian Kalvinskas Pediatric Liver Cancer Early Detection and Screening Act for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).