



PREVALENCE OF LIVER DISEASE STATE FACT SHEET

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.

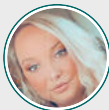


Alabama Residents Affected by Liver Disease



Sandy F.

Sandy advocates to raise awareness about the importance of liver health and wellness. Sandy was recently diagnosed with metabolic dysfunction-associated steatotic liver disease (MASLD), but thanks to early diagnosis, Sandy has the opportunity to reverse her condition by improving her diet and increasing exercise.



Allison Y.

Allison advocates in memory of her dad, Jerry, who lost his battle with metabolic dysfunction-associated steatotic liver disease plus alcohol-associated liver disease (MetALD), at just 57 years old. Allison believes her father's untimely death is due to a lack of education, resources and treatment options such as living donor liver transplants.

State Statistics

952

Alabama residents died of liver disease/cirrhosis in 2023

155

liver transplants were performed in Alabama in 2025

189

people are on the liver transplant waitlist

14

Alabamians died while on the liver transplant waitlist in 2025

13.6%

of adults in Alabama have diabetes

38.4%

of adults in Alabama are obese

27.8%

of adults have no leisurely physical activity

ALF 2026 Legislative Priorities

- Support Living Donors: Advance the [Living Donor Protection Act](#) and the [Expanding Support for Living Organ Donors Act](#) to protect donors and reduce financial barriers
- Ensure Patient Access: Pass the [Safe Step Act](#), [Treat and Reduce Obesity Act](#), and [HELP Copays Act](#) to improve access and affordability
- Pediatric Screening: Advance the [Ian Kalvinskas Pediatric Liver Cancer Early Detection and Screening Act](#) for earlier diagnosis
- CDC Efforts: Strengthen liver disease surveillance and prevention

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).