

**ADDENDUM TO PARTICIPATION WAIVER**  
**SUPPORT GROUP PARTICIPATION GUIDELINES**

**1. Confidentiality:**

All participants are expected to respect the confidentiality of fellow group members. Personal stories and discussions shared within the group should remain confidential.

**2. Respectful Communication:**

Participants are encouraged to communicate openly and honestly while maintaining a respectful and non-judgmental tone. Disagreements should be handled with sensitivity and empathy.

**3. Professional Moderation:**

Support groups will be moderated by trained facilitators to ensure a safe and supportive environment. The facilitator reserves the right to intervene if any guidelines are breached which can include removal from the group. The facilitator will be facilitating discussion and providing outside resources if indicated.

**4. Inclusivity:**

The support group is open to individuals aged 18 and older from diverse backgrounds, and all participants are expected to foster an inclusive and welcoming atmosphere.

**5. No Medical Advice:**

Participants should refrain from providing medical advice. The support group is not a substitute for professional medical or mental health care.

Understanding that the peer support group is not a substitute for professional medical or mental health care including psychotherapy, I acknowledge that I must seek my own professional advice when needed.