

# Liver Diseases

Did you know there are over 100 different types of liver disease? ALF has a robust library of information and resources for the following liver diseases, complications and more. To learn more about each disease state, scan the QR code next to each description. For a complete list of our free resources, visit: [liverfoundation.org/resource-center](https://liverfoundation.org/resource-center).

## **Alcohol-Associated Liver Disease**

Alcohol-associated liver disease is caused by excessive consumption of alcohol. It is a common and preventable disease. For most people, moderate drinking will not lead to the disease.



## **Autoimmune Liver Disease**

Autoimmune liver disease develops when your body's immune system mistakes normal, healthy tissue for a foreign body. As a result, the immune system attacks healthy liver cells as with autoimmune hepatitis (AIH), primary sclerosing cholangitis (PSC) and primary biliary cholangitis (PBC).



## **Liver Cancer**

Liver cancer develops when unhealthy cells grow and develop in the liver.



## **Steatotic Liver Disease**

Steatotic (fatty) liver disease is a condition in which excess fat is stored inside liver cells, making it harder for the liver to function.



## **Pediatric Liver Disease**

There are a variety of liver diseases that can affect children. ALF's Pediatric Information Center includes helpful resources, content, and tools for parents, teens and kids.



## **Rare Liver Disease**

Rare liver diseases such as acute hepatic porphyria (AHP), Gilbert Syndrome, hemochromatosis, lysosomal acid lipase deficiency (LALD), and Wilson Disease affect fewer than 200,000 Americans. Since they are so uncommon, it takes a skilled team to diagnose and treat them.



## **Viral Hepatitis**

Viral hepatitis is inflammation of the liver due to a viral infection. It may present in acute form, as a recent infection with relatively rapid onset, or in chronic form.



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For questions about liver wellness and disease, or for emotional support to patients at the point of crisis and information on local resources including physician referrals, please contact our Helpline at 1-800-465-4837.

