

ALL IN FOR THE **AMERICAN LIVER FOUNDATION**

2018

ANNUAL REPORT



Your Liver. Your Life.



ADVOCACY



\$5 MILLION

Approved by the CDC for all infectious diseases affected by the opioid epidemic: HCV, HBV & HIV



80

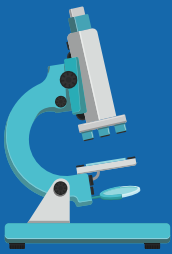
Elected officials met during our annual Awareness Day on Capital Hill



8

Bills promoted by ALF to advance research, public health and health access

2018 BY THE NUMBERS



RESEARCH



\$588,000

Donated to fund liver disease research



2.5 BILLION

Steps taken at our Liver Life Walks



COMMUNITY FUNDRAISING EVENTS



EDUCATION & SUPPORT



2,000,000

People served by our education and support service



\$5 MILLION

Raised at our walks, challenges & culinary events to fight liver disease



231,000

Visitors to ALF's website during our October "Are You At Risk?" Liver Cancer Awareness Campaign



200,000

Members of our online communities



10,100

Inquiries responded to by our Helpline



30

Disease education videos added to our resource library



LETTER FROM THE PRESIDENT AND CEO

Thomas F. Nealon III, Esq.

Dear ALF Colleagues,

Over the past 17 years – as an American Liver Foundation (ALF) fundraiser, board member, board chair and now as CEO – I’ve met countless amazing and committed individuals who are part of ALF’s family at our events across the nation. As you’ve come together to share your experiences, learn from and teach each other, raise awareness, support ALF’s programs and advocate for causes that affect those with liver disease, your engagement has made ALF the grassroots powerhouse that it is and the true voice of liver patients.

It’s because of your dedication, courageous spirit & generosity that, in 2018, ALF not only reaffirmed our commitment to the four pillars of our mission – education, support, advocacy and research – but we were able to reach new communities, expand our programming and enhance our offerings.

In 2018, throughout our 17 divisions, we listened to your concerns and built out our regional education to meet your needs. From our new Associate Healthcare Professional Management Series for non-MDs in the Great Lakes Division to our Fatty Liver Symposium for patients and caregivers in the Mid-Atlantic Division, our informative and interactive programming is addressing the issues that matter to you.

We’ve also responded to your desire for more – and more varied – support services. Our tireless Helpline specialists replied to 10% more inquiries than in the previous year – 10,100 in 2018 alone! – and we expanded our disease-specific support activities, too. For example, we added a second facilitated Facebook Group, Life with NASH (for individuals with nonalcoholic steatohepatitis), and the blog Life with PBC about the rare liver disease primary biliary cholangitis (PBC).

Under my leadership, we’re also increasing our presence in the Capitol because legislation related to health care affects each and every one of us. For the first time in our 43-year history, ALF conducted two listening sessions for the Food and Drug Administration (FDA) during 2018. The first was on clinical trial design and endpoints for alcoholic hepatitis and other alcohol-associated liver diseases. The second was on issues related to quality of life and treatments related to rare pediatric diseases. These meetings with regulatory agencies position ALF to better ensure that patients’ experiences are considered at each point in the development of new treatments. We’re proud to amplify the patient voice.

In 2018, we also broadened our research support because scientific breakthroughs are crucial to improving life for those with liver disease. We not only awarded four Postdoctoral Research Fellowship Awards and a Liver Scholar Award to early-career researchers – as we do each year – we also honored two faculty members through PBC Fund for the Cure Awards. The PBC awards were made possible through the generous support of a private donor. We wish all the award winners much success as they strive to improve detection, advance disease management and discover cures!

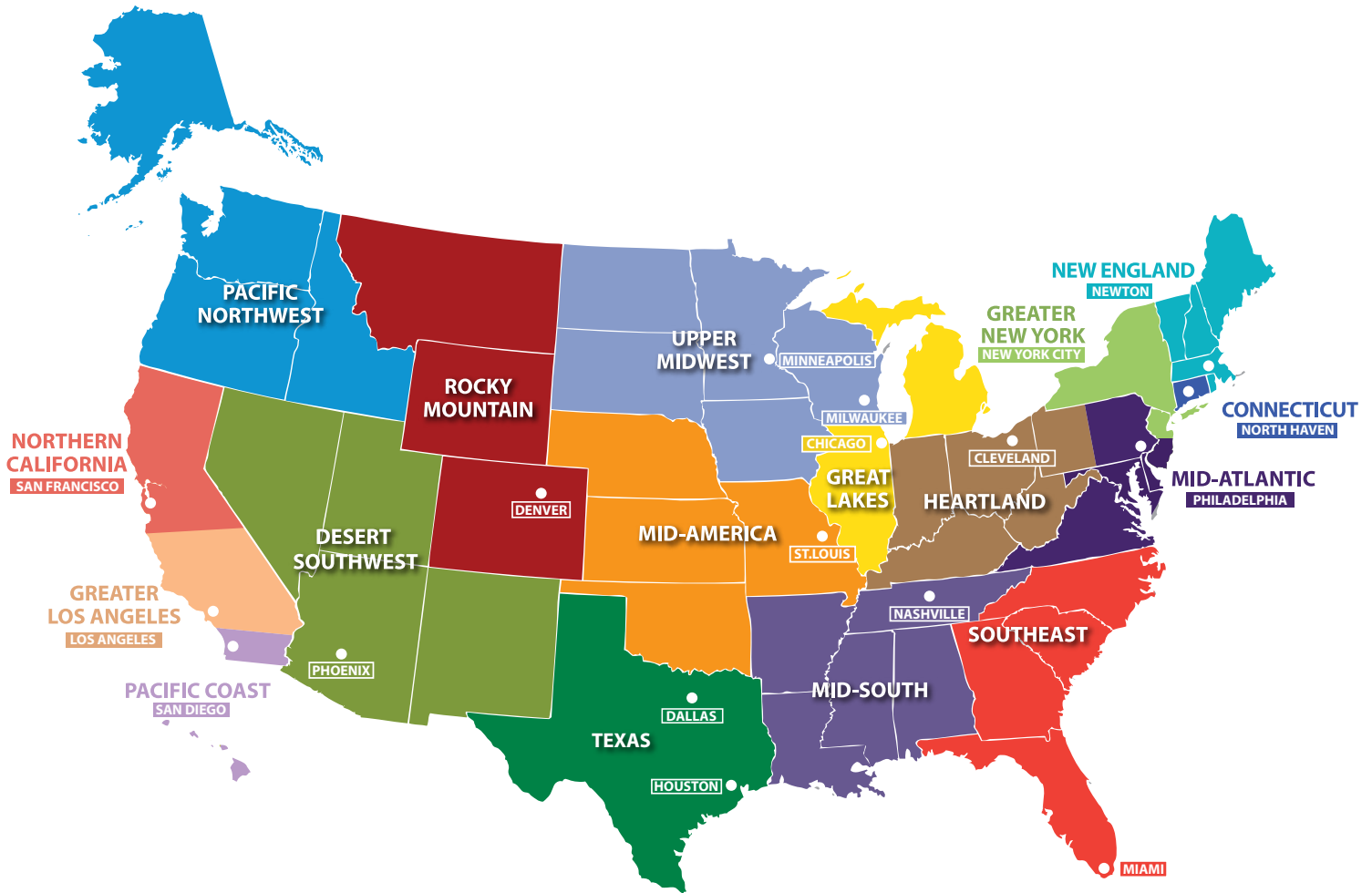
As I officially sign off on another year, I reiterate that it’s our communal efforts that are making the difference – and will one day enable us to reach our vision of a world without liver disease.

Sincerely,

A handwritten signature in black ink that reads "Thomas F. Nealon III". The signature is written in a cursive style with a stylized "T" and "N".

17 DIVISIONS

ONE MISSION



Across the nation, ALF's divisions offered educational programming and support services unique to their communities. We asked divisions to share what they're particularly proud of accomplishing in 2018. This annual report includes only a sample of their achievements.

PACIFIC NORTHWEST

“We want to thank our medical leadership and those who participated in congressional visits and helped us create educational events.”

SOUTHEAST

“With the University of Florida Health, we began a series of continuing medical education presentations on liver cancer for primary care clinicians.”

NORTHERN CALIFORNIA

“At our Re-Birthday Party, donors and organ recipients celebrated, bonded and received medical updates.”

GREATER NEW YORK

“We kicked off our 2018 veterans outreach with an event attended by 400 people.”

CONNECTICUT

“In Connecticut, we provided community education to 3,000 children and 1,800 adults.”

ROCKY MOUNTAIN

“Our Vietnamese educational program provided information on everything from liver wellness”

MID-AMERICA

“Nearly 2,000 people from across the U.S. are part of ALF’s Facebook group Life with PBC that started in St. Louis.”

TEXAS

“With the nonprofit Linkage to Health, we tested nearly 3,500 people for HCV and are connecting those who tested positive to care.”

UPPER MIDWEST

“Our Case Studies gave physicians the opportunity to expand their knowledge and discuss difficult liver disease cases.”

MID-ATLANTIC

“We created an Ask the Experts program with the University of Pennsylvania on cirrhosis, hepatitis C, fatty liver disease, liver cancer and transplantation.”

GREATER LOS ANGELES

“Language and culture continue to be barriers to care. That’s why we offered bilingual English/Spanish education - plus free HCV, HIV and STD testing.”

CONNECTICUT

“As part of ALF’s webinar series, we created a fatty liver disease program featuring Yale School of Medicine Professor Wajahat Mehal, PhD, MD.”

HEARTLAND

“At our Anthony S. Tavill, MD Academic Debates, providers heard competing views on whether it’s ever advisable to delay HCV treatment or to transplant an HCV-positive liver into an HCV-negative recipient.”

DESERT SOUTHWEST

“At the Transplant Games of America, we introduced hundreds to ALF’s education and support services. Proud to be there as a new record was achieved for the most transplant recipients in one place!”



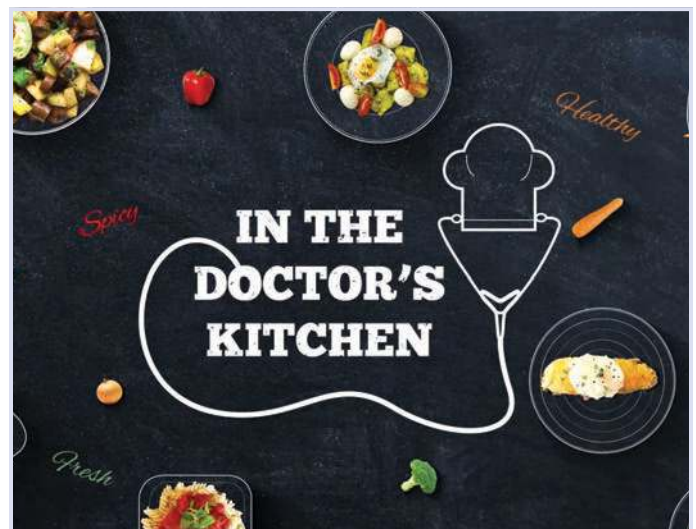
OUR MISSION IN ACTION

EVERY ALF INITIATIVE STRIVES
TO IMPROVE THE LIVES OF
THOSE WITH LIVER DISEASE.



NEW ENGLAND

“We used a multi-pronged approach to combat the rise in viral hepatitis: updated print materials; education & screening events, homeless centers, veterans’ organizations & jails; opioid conferences for medical professionals; and state advocacy activities.”



GREAT LAKES

“Our new video series In the Doctor's Kitchen teaches people to cook liver-healthy meals.”



GREATER LOS ANGELES

“We were pleased to have represented California at ALF’s 2018 Advocacy Day on Capitol Hill with patients from across the nation!”



GREATER NEW YORK

“We’re correcting the myth that kids don’t get liver disease. Patient advocates from New York joined ALF at an FDA listening session on pediatric liver diseases.”



PACIFIC COAST

“We convened public and private sector leaders to launch an Eliminate Hepatitis C San Diego County Initiative, which will develop recommendations to reduce new infections of HCV by 80% - and HCV-related deaths by 65% - by 2030.”



MID-SOUTH

“Transplant recipients 7-year-old Ariana and 13-year-old Jay’Quan and their families are helping us raise awareness of pediatric liver disease and transplant. We’re honored!”

RESEARCH

We recognized seven outstanding scientists who are accelerating liver research and adding knowledge to the field.



Distinguished Scientific Achievement Award

Michael Houghton, PhD

Along with Qui-Lim Choo, George Kuo and Daniel W. Bradley, Dr. Houghton discovered Hepatitis C. He also co-discovered the Hepatitis D genome. The discovery of Hepatitis C led to the development of diagnostic reagents to detect HCV in blood supplies and, more recently, a cure. Dr. Houghton is the Canada Excellence Research Chair in Virology and Li Ka Shing Professor of Virology at the University of Alberta where he is also Director of the Li Ka Shing Applied Virology Institute. His team is working to develop an HCV vaccine. Recently, along with Amir Landi, he discovered new blood biomarkers of autoimmune hepatitis.

American Liver Foundation Postdoctoral Research Fellowship Awards

Irwin M. Arias, MD Postdoctoral Research Fellowship

Norihito Imai, MD, PhD

JOAN & SANFORD I. WEILL MEDICAL COLLEGE OF CORNELL UNIVERSITY

Project: "Muscle-Specific Metabolic Regulation by Thioesterase Superfamily Member 2 (Them2) in the Pathogenesis of Nonalcoholic Fatty Liver Disease"

Mentor: David E. Cohen, MD, PhD

Hans Popper Memorial Postdoctoral Research Fellowship

Aveline Filliol, PhD

THE TRUSTEES OF COLUMBIA UNIVERSITY IN THE CITY OF NEW YORK

Project: "Role of HSC and ECM in the Development of Hepatocellular Carcinoma"

Mentor: Robert F. Schwabe, MD

Sandra Steensels, PhD

JOAN & SANFORD I. WEILL MEDICAL COLLEGE OF CORNELL UNIVERSITY

Project: "Thioesterase-mediated Control of Hepatic Lipid and Glucose Homeostasis"

Mentor: Baran A. Ersoy, PhD

James Heslop, PhD

MEDICAL UNIVERSITY OF SOUTH CAROLINA

Project: "The Role of GATA6 in Endoderm Formation and Hepatic Specification"

Mentor: Stephen A. Duncan

American Liver Foundation Liver Scholar Award

Xiaobo Wang, PhD

COLUMBIA UNIVERSITY

Project: "Regulation and Role of TAZ in NASH-Associated Hepatocellular Carcinoma"

Mentor: Ira A. Tabas, MD, PhD

American Liver Foundation PBC

American Liver Foundation PBC Fund for the Cure Award

Marina Silveira, MD

YALE UNIVERSITY

Project: "Mindfulness-Based Stress Reduction in the Treatment of Fatigue in Patients with PBC"

Weici Zhang, PhD

UNIVERSITY OF CALIFORNIA, DAVIS

Project: "IGFBP4 Expression Licenses Macrophage Immune-Mediated Biliary Destruction in PBC"

CONTRIBUTORS

2018 marks the American Liver Foundation's 42nd year providing help and hope to those impacted by liver disease. Our efforts this year were made possible because of the generosity of the individuals, foundations and corporations listed here.* For the millions of people served by ALF, we thank you.

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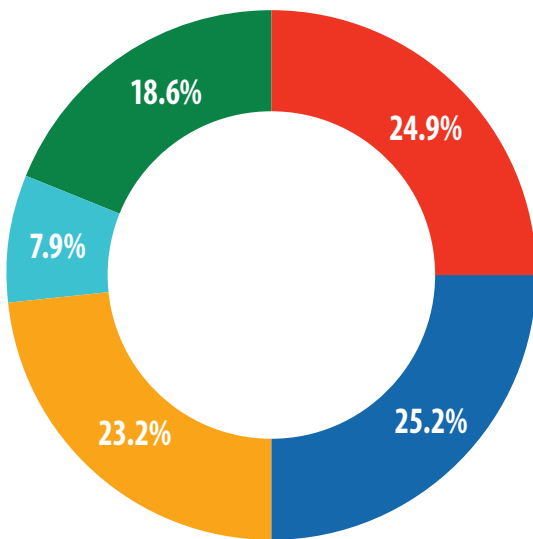
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** This list includes all individuals, foundations and corporations that donated \$2,500 or more to the American Liver Foundation in 2018. If we inadvertently omitted a contributor, we sincerely apologize and would like to know. Kindly call our Development Department: 646-737-9405.*

WHERE YOUR MONEY GOES

Gifts to the American Liver Foundation help improve life for people with liver disease through advocacy, education, support services and research. We are committed to being the best possible stewards of donated funds, honoring donor intent and practicing financial transparency.

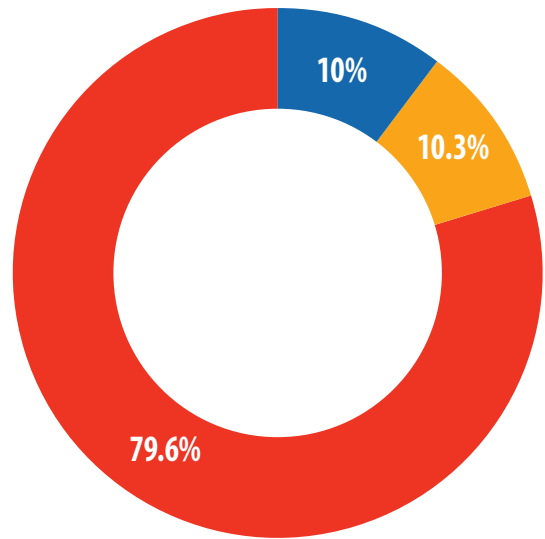
Program Services



Total Program Services
\$7,391,786

- **Public Education**
\$1,859,566
- **Research**
\$587,528
- **Professional Education**
\$1,374,807
- **Patient Services**
\$1,725,794
- **Community Services**
\$1,844,091

Support and Program Expenses



Total Expenses
\$9,280,573

- **Program Services**
\$7,391,786
- **Management**
\$929,107
- **Fundraising**
\$959,680

FINANCIAL STATEMENTS

Balance Sheet

Assets	2018	2017
Cash and Cash Equivalents	\$ 1,570,520	\$ 1,458,383
Investments	2,274,611	2,523,272
Contributions Receivable	1,117,480	934,485
Prepaid Expenses and Other Assets	219,161	288,229
Property and Equipment, Net	78,556	116,422
Total Assets	\$ 5,260,328	\$5,320,791
Liabilities and Net Assets		
Liabilities:		
Accrued Expenses	\$ 364,152	\$ 263,206
Payroll & Related Liabilities	304,462	265,485
Funds Held on Behalf of Other	793,980	801,234
Awards and Grants Payable	237,500	175,000
Patient Services	1,725,794	1,672,242
Loan Payable	99,509	-
Total Liabilities	1,933,110	1,674,753
Net Assets Surplus/(Deficit):		
Without Donor Restrictions	(474,617)	(299,628)
With Donor Restrictions	3,801,835	3,945,666
Total Net Assets	3,327,218	3,646,038
Total Liabilities and Net Assets	\$ 5,260,328	\$ 5,320,791

Statement of Activities

Public Support & Revenues	2018	2017
Contributions	\$ 4,317,775	\$ 3,901,538
Contributed Services	268,000	—
Investment Income, net	(121,217)	291,171
Other	25,653	33,727
Special Events		
Net of Direct Expenses	4,739,542	5,119,503
Total Public Support & Revenues	9,229,753	9,345,939
Program Services		
Public Education	1,859,566	1,945,029
Research	587,528	475,263
Professional Education	1,374,807	1,267,45
Deferred Rent Payable	133,507	169,828
Community Services	1,844,091	1,739,926
Total Program Services	7,391,786	7,099,919
Supporting Services		
Management & General	1,197,107	907,604
Fundraising	959,680	898,131
Total Support Services	2,156,787	1,805,735
Total Cost of Program & Supporting Services	9,548,573	8,905,654
Change in Net Assets	(318,820)	440,285
Net Assets, beginning of year	3,646,038	3,205,753
Net Assets, end of year	\$3,327,218	\$3,646,038

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OUR VISION

A world without liver disease.

OUR MISSION

ALF's mission is to promote education, advocacy, support services and research for the prevention, treatment and cure of liver disease.

The American Liver Foundation is a 501(c)3 nonprofit organization.



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www.LiverFoundation.org

