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October is Liver Cancer Awareness Month!

Did you know that liver cancer is the fifth most common cancer in the world? And despite progress in other fields, liver cancer is one of the few cancers whose rate in the United States is continuing to rise. Liver cancer, whose medical term is hepatocellular carcinoma, is a tumor that starts in the liver and can spread to other organs if left untreated. “Liver cancer is claiming the lives of 65 Americans every day, and we must put the brakes on that through greater awareness and education.” said Thomas F. Nealon III, chief executive officer of the American Liver Foundation.

Stay updated on Liver Cancer Awareness Month by clicking HERE - https://liverfoundation.org/lcam2018/
Does the liver regenerate? How does someone get a “live” liver? Is live donor liver transplantation right for me? Drs. Elizabeth Pomfret and James Burton from the University of Colorado Hospital address the major points on live donor liver transplantation in this Q&A.

**What is live donor liver transplantation?**

Live donor liver transplantation is when a healthy person donates a portion of their liver to another person in need of a liver transplant. About 40-60% of a healthy person’s liver is removed and transplanted into an adult recipient after their original diseased liver is removed... READ MORE, Look under DOCTOR’s NOTES for more topics.

https://liverfoundation.org/alf-rocky-mountain/doctor-notes-2/#1530133376855-2af896ed-d1e3
Liver Life Walk 2018

With over 400 walkers and 35 teams, the Liver Life Walk 2018 was a success. Together we have raised $32,068.

Our top fundraising team this year was Kennedie’s Krew! Their team of 60 people raised $2,975.00.

Our top individual fundraiser was Kristen Logsdon who raised $765.00

With every donation, the American Liver Foundation helps improve the lives of those who are fighting liver disease through advocacy, education/support, and research.

NEW Donation Matching Software!

We are excited to announce that a matching gift search tool will be available to all of our donors in 2019 called Double the Donation.

What is a matching gift search tool? This resource provides our donors with guidance on how to submit a matching gift request (if applicable to their company). It will be embedded on forms where donations can be made. In addition, a webpage will be created promoting the tool. The embedded search bar will prompt the donor to search if their company has a matching gift program. If the company does, it will show up in the search and once the donation is completed information will be provided with next steps. If a donor does not use the search bar, but provides an email address on the form, the system will still do a search to see if the company has a matching gift program. Donors will receive 2-3 follow up emails that are auto-generated by the system prompting them to submit or complete the matching gift request.
Please join us in welcoming Catherine (Cat) Evans, ALF’s new Community Events Coordinator for the Rocky Mountain Division. Cat began in her role at the American Liver Foundation on September 6, 2018.

Cat has a Bachelor’s degree in both Criminology, Law and Society, and Psychology and Social Behavior from the University of California in Irvine, California. She currently works at Denver Health’s Psychiatric Emergency Department where she is a Behavioral Health Technician. In this role, she performs intake duties and behavioral management. Cat facilitates a safe and supportive environment for patients in need of psychiatric stabilization and substance abuse detoxication. Cat also worked with Gen Next, where she coordinated fundraising events, media responses and the placement of stories in membership newsletters.

Her interest in fighting liver disease comes from having several family members with liver disease. She hopes to be able to assist in creating more awareness of research and support available in the local surrounding areas, as well as increasing fundraising revenue.

Cat will have responsibilities for many Rocky Mountain Division events, including coordinating the Liver Life Walk, Flavors of Denver, local programs such as “Ask The Experts” and other special events. Her positive attitude, bilingual skills in Vietnamese/English and results driven mindset are sure to make her an asset to the ALF team. Cat’s experience will contribute greatly to the ALF’s Rocky Mountain Division.

Cat and her husband, Dennis, at the Liver Life Walk 2018
Love Your Liver is an interactive liver wellness education program that is geared towards audience members in grades K-12. The program educates students about the liver, and the actions they can take to maximize their liver health in order to prevent liver disease. Programs are taught in classroom settings as well as in after-school programs, summer camps, and other youth group-related locations.

Teens to Twenties is a similar program, but is intended for high-school to college-aged students. This program further elaborates on liver wellness education to include liver health, risk factors, and liver-related diseases such as non-alcoholic fatty liver disease and viral hepatitis.

Want to bring these programs to your child’s school? Start the conversation with your teachers, and please contact us for more assistance.

Without our dedicated volunteers we couldn’t complete our mission to facilitate, advocate and promote education, support and resources for the prevention, treatment and cure of liver disease. We sincerely thank each and every one of them for support!

Are you looking to help make a difference? Come volunteer with us and help support our cause to eradicate liver disease! Together, we are stronger.

Below are the opportunities available for the Rocky Mountain Division:

Flavors of Denver: Volunteer Here [https://www.signupgenius.com/go/4090c4aaea628a2ff2-flavors](https://www.signupgenius.com/go/4090c4aaea628a2ff2-flavors)
Celebrating **10 years** with the American Liver Foundation as the Presenting Sponsor! Thank you so much to UCHealth for your continued support.

UCHealth is a nationally-recognized network of hospitals and clinics that serve throughout Colorado, Southern Wyoming and Western Nebraska. Their unique combination of academic-based and community-focused medicine provides innovative, exceptional, and leading-edge care to patients throughout the Rocky Mountain Region.

Follow the Rocky Mountain Division Today!

(link these to website urls)