Smoking And Your Liver

Smoking effects that hinder the liver’s ability to process medications can be reversed with cessation.

Quitting smoking can decrease your chance of liver cancer.

Smoking cessation can help reverse liver disease by decreasing the inflammation caused by tobacco.

+ Doctor’s Tip

It often takes multiple attempts to quit smoking altogether. There is no need to think you have failed or to be discouraged if you are not able the quit smoking on your first, second, or even fifth attempts. Keep up the good effort and seek additional assistance from your doctor if you are having trouble.

- Dr. Ruben Khan, University of Illinois at Chicago