

June

Prevention

What is a Physical Exam?



Build A Relationship

with your primary care physician through regular physicals and checkups.

Early Detection

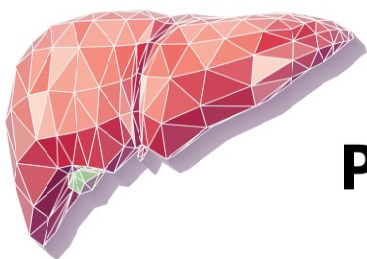
by revealing possible diseases so they can be treated in their earliest stages.

Identify Health Concerns

that could grow into larger problems or health issues in the future.

Update Immunizations

to ensure you are fully protected from preventative diseases through vaccination.



Prevention And Your Liver

Liver test panels are often ordered during regular physical examinations and can be used to help detect liver damage.

Metabolism, liver, and blood clotting abnormalities can be discovered through liver enzyme laboratory exams.



Doctor's Tip

Routine physical exams are important to maintain and develop a regular schedule to see a physician who then has the ability to screen for early diagnosis of chronic medical conditions. - Dr. Pranab Barman, Northwestern University



Get Fit is a campaign provided by the American Liver Foundation, Great Lakes Division. Learn more by visiting us at <http://www.LiverFoundation.org/GreatLakes>