People who have been diagnosed with primary biliary cholangitis (PBC) have certain rights.

Every journey with PBC is different. If your concerns and care related to PBC – or those of someone you care for – are not being addressed by your medical team, it may be time to talk with your healthcare provider about how to better meet your needs.

**AS SOMEONE WITH PBC, YOU HAVE THE RIGHT TO...**

1. **Receive the best care and treatment possible** for you at all points in your PBC journey, with the goal of keeping your liver healthy for longer.

2. **Access PBC disease information** to help you take an active role in decisions about your care and understand your treatment options and the meaning of your test results.

3. **Know your alkaline phosphatase (ALP) liver levels**, because ALP is one of several markers of liver health and an early indicator of disease progression.

4. **Partner with your healthcare team** to develop strategies to follow your treatment plan, monitor for disease progression and manage your symptoms.

5. **Ask for enough time with your healthcare team** to discuss your questions and concerns, and schedule follow-up appointments as needed.

6. **Understand how your PBC treatment works**, including what it is intended to do and its potential side effects.

7. **Know your healthcare coverage options**, and follow-up in the event your insurance plan denies coverage of a treatment or procedure.

8. **Engage with others for emotional support**, both one-on-one and in active patient communities.

9. **Advocate for yourself and the entire PBC community** by sharing your story and bringing attention to PBC as an autoimmune liver disease.

**FOR MORE INFORMATION ON PBC, VISIT:**

- **American Liver Foundation**
  liverfoundation.org

- **PBCers Organization**
  pbcers.org

- **Living with PBC**
  livingwithpbc.com

- **Healthy Women Liver Health Center**
  healthywomen.org/category/tags/liver-health

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