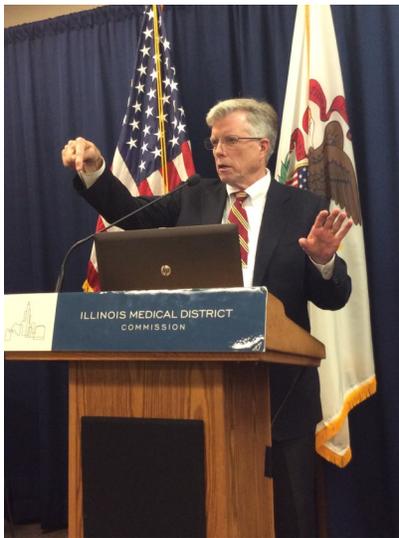




Your Liver. Your Life.

American Liver Foundation Great Lakes Division

In Review: Liver Symposium



On Thursday, May 26, at the Illinois Medical District Commission, healthcare providers and the general public learned about rising issues related to liver disease. Some of the topics discussed included hepatitis C, nutrition, liver cancer, hepatitis B, and drug-induced liver disease. Free hepatitis C testing was also available for all guests and the community. The next Liver Symposium will be in October, stay tuned for dates! Keynote Speaker Dr. Donald Jensen (left), ALF board of directors president, addresses the audience.

With your continued support, the American Liver Foundation is able to host programs like this to educate patients and bring awareness to the general public so we can move towards a future free of liver disease. To support future programs, consider making a gift [here](#).

In Review: Arlington Heights Liver Life Walk

On Saturday, May 14, ALF supporters kicked off our Liver Life Walk season in Arlington Heights. Despite the cold weather, we had a great turnout and raised over \$38,000. Liver Champion, and ALF board member **Debbie Panarese**, spoke about her journey with hepatitis C and led the walk around Lake Arlington.

Special shout-out to our top fundraiser, **Corrinne Rossi**, who exceeded her goal and raised over \$4,700, contributing to the highest fundraising team, Loyola's Liver Team.

Honorable mention to our other top fundraising teams: Team Eggert, Hep C Outreach, Illinois Gastro Group, and Yiayia's Team, great work!

June 2016 Newsletter

Highlights:

- In Review: Liver Symposium & Arlington Heights Liver Life Walk
- Chef Recruitment
- New MAC Leadership
- Flavors Spotlight: Chef Judson Todd Allen
- State Advocacy
- Volunteer Openings

Upcoming Programs & Events

[Liver Life Walk Chicago](#) June 4

[Liver Life Walk Ann Arbor](#) August 27

[Flavors of Chicago Gala](#) Sept. 12

[Liver Life Walk Holland](#) Sept. 24

[Bank of America Chicago Marathon](#) Oct. 9

Chef Recruitment

Are you, or is someone you know a private chef?



We are looking for chefs interested in participating in our annual Flavors Gala this September. **Flavors** is a culinary experience that goes beyond the traditional gala providing guests with the unique experience of having a top local chef prepare a multi-course dinner tableside. The evening showcases the signature dishes of our culinary experts and takes you beyond the usual restaurant fare. Email Brandon with any questions at bcombs@liverfoundation.org.

Chef Brian Jupiter, Frontier
Flavors Chef 2012-2016

New MAC Leadership

On Tuesday, May 3rd, Dr. Andrew Aronsohn and Dr. Natasha Von Roenn commenced their final Medical Advisory Committee meeting as the chairs of the committee and were presented with a plaque to commemorate their service to the ALF Great Lakes Division. Dr. Nancy Reau and Dr. Lisa Van Wagner will lead the committee as the new chairs for the next two years.



Proud Charity Partner



Veteran Programs

We have partnered with Veterans Affairs to offer free Hepatitis C testing to veterans. **Did you know veterans who are baby boomers (born from 1945-1965) are at a higher risk of being infected with the hepatitis C virus than any other veteran group?** Get tested today.

Webinar Series Spotlight

Don't worry if you missed our past webinars, they can be found on our [YouTube Channel!](#)

Past topics include:

- Tips for Healthy Living
- Fatty Liver Disease & Prevention
- Liver Transplantation Overview
- Donating & Receiving a Liver Transplant
- Liver Transplantation Support
- Hepatitis C Overview
- Hepatitis C Treatment

Do you have a suggestion for a webinar? Email Sarah at skoltun@liverfoundation.org

Stay tuned for more webinars to come!



Flavors Chef Spotlight: Chef Judson Todd Allen

The Architect of Flavor

Chicago native, Judson Todd Allen is the CEO and Executive Chef of Healthy Infused Cuisine, LLC, a premium cuisine company that provides customized personal, private and event chef services, **catering to clients who desire healthier food choices that don't compromise taste.** Chef Judson had a passion for food early in life. It led him to earn a degree in Food Science/Human Nutrition at the University of Illinois, Urbana-Champaign. In addition, Chef Judson has traveled the world in search of hidden culinary treasures. Chef Judson's mission is to design powerhouse flavors sourcing seasonal, local and sustainable ingredients, that change the way people think and feel about healthier foods. Chef Judson struggled with weight for a significant part of his life and now maintains a weight loss of over 160lbs. Chef Judson has been featured on the **Food Network Star** Season 8, **The Steve Harvey Show**, and **FOX**. We are beyond excited Chef Judson is working with us this year and can't wait to see what he cooks up!



To listen to Chef Judson's podcast *Spice & Dice* click [here](#).

Illinois State Advocacy



The American Liver Foundation Great Lakes Division received a proclamation declaring **May as Hepatitis Awareness Month in Illinois** and joined the Illinois Hepatitis C Task Force at the state capitol on May 17 to continue to keep our legislative leadership informed of the importance of HCV and liver diseases. ALF GLD Executive Director, Jacqueline Dominguez, joined Representative Mike McAuliffe and Senator John Mulroe in **reiterating the serious impact of liver diseases and the importance of liver health** during a morning press

conference. Literature and liver disease facts were discussed throughout the day in the rotunda. Sarah Koltun, Community Outreach and Education Manager, coordinated free HCV screening which was provided by Fifth Street Renaissance in the Comptroller's Office. The local community was invited to visit their mobile testing van located in the legislative parking area.

Volunteer Openings

June 4 | Chicago Liver Life Walk
August 27 | Ann Arbor Liver Life Walk
September 24 | Holland Liver Life Walk

We are looking for volunteers to join us at our Liver Life Walk in Chicago at Montrose Beach , Ann Arbor at Gallup Park, and in Holland at Kollen Park from 7:00 AM – 12:00 PM to help us pull off incredible and fun events! Email Brandon at bcombs@liverfoundation.org to register.

Program Educators

We are always looking for volunteers who are interested in being trained by the ALF to give educational presentations to schools and community based organizations. For more information or with any questions email Sarah at skoltun@liverfoundation.org to get involved today!

Our Favorite Articles this Month

1. Donating An Organ To My Son– [New York Times](#)
2. Hepatitis C Deaths at an All-Time High in United States– [CNN](#)
3. Try Chef Judson's [Grilled Potato Salad](#)– perfect for your summer bbq!
4. David Farmer's [Uphill Journey to the Transplant Games](#)
5. [Cirrhosis Caregiver Training](#) from University of Michigan Health Systems

Clinical Trials

To view ongoing clinical trials in your area, click [here](#) and click on 'Clinical Trials'.

Proud Member of HepCCATT

Get informed. Get involved.

Learn how HepCCATT expands and improves hepatitis C testing and care in Chicago. For more information contact [Isa Rodriguez](#).

Pick Your Race



The American Liver Foundation has a new opportunity for all those athletes out there: Pick Your Race to End Liver Disease! We are participating in some of Chicago's premier athletic events to help you improve your health and raise funds. Click [here](#) for more information!



Rock 'n' Roll
MARATHON SERIES™



American Liver Foundation
67 E. Madison St.,
Suite 1614
Chicago, IL 60603
312-377-9030

