Heartland Division Newsletter
March 2013

Happy Spring from the Heartland Division of the American Liver Foundation! We have several exciting things to share with you as we look ahead to the warmer months.

**Online Support Community**
Join the American Liver Foundation's online support community on Inspire! Connect with other patients with liver disease and their families to share experiences, information and support. [http://www.inspire.com/groups/american-liver-foundation](http://www.inspire.com/groups/american-liver-foundation)

**Liver Life Walks**
The Heartland Division's spring walks are coming up, and we hope that you will join us in Cleveland or Cincinnati as we are "Moving Forward...to a future free of liver disease."

Sunday, May 19, 2013- [Liver Life Walk Cleveland](http://www.liverfoundation.org/liver-life-walk-cleveland)
Sunday, June 2, 2013- [Liver Life Walk Cincinnati](http://www.liverfoundation.org/liver-life-walk-cincinnati)

Registration is open for both events! Sign up today using the links above. *Already signed up?* Begin recruiting walkers and start fundraising! Every walker matters. Every dollar matters.

Join us at an upcoming Bank Day to register in-person, drop off donations, and meet with staff and other walkers. Check the Local Calendar section of the walk websites for more information on dates and locations.

**Thank you to our corporate sponsors of these events:** Cleveland Clinic, University Hospitals, UC Heath- University Hospital, North Shore Gastroenterology and Endoscopy Center, Genentech, Cincinnati Children's Hospital, and Profile Grinding Inc. Sponsorship opportunities are still available.

**Hep C Online Support**
Visit our updated micro-site, providing information for Hepatitis C Diagnosis, Treatment, and Support. [http://hepc.liverfoundation.org](http://hepc.liverfoundation.org)
Stay in Touch
For more information, please visit www.liverfoundation.org/chapters/heartland. Stay updated on Heartland Division news and events by following us on Facebook and Twitter.