Who We Are: American Liver Foundation

Who We Are

American Liver Foundation (ALF) is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. Founded in 1976, ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease.

Programs

ALF offers a variety of free liver health education programs for patients, caregivers, and medical professionals. Programs target specific diseases and provide information about risk factors; symptoms; testing and diagnosis; disease prevention; and treatment options. Additional online resources include a variety of disease-specific brochures and fact sheets in multiple languages. View upcoming free programs at liverfoundation.org/events.

Support/Free National Helpline

ALF can help you find services, resources, physicians and ongoing clinical trials in your local area. We also host several virtual support groups, including monthly support groups for liver patients, transplant recipients and caregivers which are moderated by a licensed social worker. Our Helpline is free and available by phone or online chat. Interpretation services are also available.
1-800-GO-LIVER (465-4837) or liverfoundation.org/supportgroups

Research

ALF research funding has provided more than $1.3 million to innovative research in the last two years, supporting 27 young investigators and scientists.
liverfoundation.org/research

Advocacy

Together with volunteers and coalition partners, we advocate on behalf of liver patients, their caregivers and all those affected by liver disease for increased federal research funding, public health education, and improved patient treatments and coverage. Become an ALF Advocate today and join us in these efforts. liverfoundation.org/advocacy

Special Programs and Events

Think Liver Think Life

Think Liver Think Life is ALF's nationwide screening and public awareness campaign screening U.S. adults for steatotic (fatty) liver disease. Our goal is to ensure every American understands their risk for liver disease. Currently, 66% of people screened show some indication of steatotic (fatty) liver disease. thinkliverthinklife.org

American Liver Foundation Patient Registry

The American Liver Foundation Patient Registry is the first-ever patient registry for all types of liver diseases. It helps provide researchers with a better understanding of liver diseases, the impact of current treatments, and how liver disease affects patients. patientregistry.liverfoundation.org

Caring Connections

Caring Connections – an ALF peer to peer support program connects patients and caregivers facing the challenges brought on by living with liver disease with others facing the same challenges. liverfoundation.org/caringconnections

Bili The Brave®

Bili the Brave was created by ALF to help children and families affected by biliary atresia (BA) find the support and resources they need. Our Bili the Brave Toolkit™, now in 23 hospitals across the country, features Bili the Brave, a plush lion with a small, embroidered scar and arm bandage to acknowledge a child's own BA journey, as well as a medical bracelet. The toolkit also includes an accompanying children's book, bag, and resources for parents available at bilithebrave.org.

Liver Life Walk

Join thousands of supporters from coast to coast as they walk towards a world free from liver disease. liverlifewalk.org

Liver Life Challenge

Channel your passion for running or cycling for good with Team ALF. With several U.S. and international races to choose from, you can support the liver community and attain your own personal fitness goals. liverlifechallenge.org

DIY Fundraising

DIY Fundraising lets you fundraise your way for ALF. Host a bake sale, bowling night, tag/garage sale or participate in a local 5K. Whatever idea you have, ALF will provide you with the tools you need. diy.liverfoundation.org

National Legacy GALA

ALF's National Legacy Gala recognizes individuals who have made outstanding contributions to the liver community, fields of biotechnology, medical innovation and philanthropy. alfgala.org

FLAVORS a national culinary event

FLAVORS, a national culinary event, goes beyond any traditional dining experience by offering guests the unique opportunity to indulge in a multi-course dinner prepared by a top local chef, tableside! alfflavors.org

To learn more about ALF, scan the QR code below. For a complete list of our free resources, please visit: liverfoundation.org/resource-center.

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For questions about liver wellness and disease, or for emotional support to patients at the point of crisis and information on local resources including physician referrals, please contact our Helpline at 1-800-465-4837.

AMERICAN LIVER FOUNDATION™