

**PREVALENCE OF LIVER DISEASE
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



Washington Residents Affected by Liver Disease



Hilary H.

Hilary advocates to raise awareness and help dispel negative stigma around liver disease in America. In 2023, Hilary was diagnosed with hepatitis C after receiving four blood transfusions during the birth of her second child. She hopes that by sharing her story, others will understand there are many different ways you can develop liver disease.

State Statistics

1,371	Washington residents died of liver disease/cirrhosis in 2022
228	liver transplants were performed in Washington
143	people are on the liver transplant waitlist
22	Washingtonians have died while on the liver transplant waitlist
8.8%	of adults in Washington have diabetes
31.6%	of adults in Washington are obese
17.1%	of adults have no leisurely physical activity

ALF 2025 Legislative Priorities

- Increase funding for MASLD research and education
- Expand liver disease surveillance and prevention efforts at the CDC
- Finalize coverage for anti-obesity medication under Medicare Part D
- Support laws like the [Living Donor Protection Act](#), [Safe Step Act](#), [HOLD Act](#) and [HELP Copays Act](#)
- Improve access to liver disease treatments and reduce out-of-pocket costs

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).