

**PREVALENCE OF LIVER DISEASE
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



Texas Residents Affected by Liver Disease



Ron H.

Ron advocates to help raise awareness about the importance of organ donation. After he was diagnosed with liver cirrhosis, Ron fought more than eight months to be added to the liver transplant waitlist. Once listed, he waited only 21 days before receiving the gift of life.



Danae P.

Danae advocates to raise awareness about liver disease and help dispel negative stigma. While pregnant with her first child, Danae’s skin turned yellow; she was told it would go away after giving birth, but it didn’t. After multiple tests/procedures, Danae was diagnosed with IgG4, a rare autoimmune liver disease. She now lives with a stent to help her bile ducts drain and takes daily medication to hopefully avoid the need for a liver transplant.



David R.

David advocates to help raise awareness about the importance of organ donation and increasing living donor protections. David was diagnosed with primary sclerosing cholangitis (PSC) at age 49 and was given one year to live. Thanks to the selfless act of an altruistic living liver donor, David was given a second chance at life.

State Statistics

5,079

Texas residents died from liver disease/cirrhosis in 2022

1,118

liver transplants were performed in Texas

1,309

people are on the liver transplant waitlist

159

Texans have died while on the liver transplant waitlist

13.4%

of adults in Texas have diabetes

35.7%

of adults in Texas are obese

25.3%

of adults have no leisurely physical activity

ALF 2025 Legislative Priorities

- Increase funding for MASLD research and education
- Expand liver disease surveillance and prevention efforts at the CDC
- Finalize coverage for anti-obesity medication under Medicare Part D
- Support laws like the [Living Donor Protection Act](#), [Safe Step Act](#), [HOLD Act](#) and [HELP Copays Act](#)
- Improve access to liver disease treatments and reduce out-of-pocket costs

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).