NORTH CAROLINA



PREVALENCE OF LIVER DISEASE STATE FACT SHEET

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.

North Carolina Residents Affected by Liver Disease



Darryl E.

Darryl, a retired U.S. veteran, advocates to raise awareness about organ donation and for increased federal funding for liver research. In 2006, Darryl was diagnosed with hepatitis C (HCV) and liver cancer. Thanks to advancements in liver disease research and liver transplantation, Darryl received a second chance at life in 2015 and is cured of HCV.



Denee M.

Denee advocates to raise awareness around the importance of liver health. When undergoing an exploratory surgery to find the cause of her chronic nausea, doctors discovered she had liver cirrhosis. Despite being an ER nurse and studying for her NP, Denee had no idea she had liver disease until it was too late.



State Statistics	
1,801	North Carolina residents died of liver disease/cirrhosis in 2022
291	liver transplants were performed in North Carolina
117	people are on the liver transplant waitlist
20	North Carolinians have died while on the liver transplant waitlist
10.8%	of adults in North Carolina have diabetes
34.2%	of adults in North Carolina are obese
22.7%	of adults have no leisurely physical activity

ALF 2025 Legislative Priorities

- Increase funding for MASLD research and education
- Expand liver disease surveillance and prevention efforts at the CDC
- Finalize coverage for anti-obesity medication under Medicare Part D
- Support laws like the Living Donor Protection Act, Safe Step Act, HOLD Act and HELP Copays Act
- Improve access to liver disease treatments and reduce out-of-pocket costs

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).