

**PREVALENCE OF LIVER DISEASE
STATE FACT SHEET**

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



New Mexico Residents Affected by Liver Disease

Evelyn R.
Evelyn advocates to raise awareness about the importance of organ donation and increased federal funding for liver disease research. In 1995 Evelyn received a letter from a blood bank letting her know she had hepatitis C (HCV). She lived with minimal symptoms until 2009, when she was diagnosed with liver cirrhosis and told she needed a lifesaving liver transplant. Evelyn's first transplant in 2011 failed, but her second in 2015 was successful. Evelyn still has no idea how she contracted HCV.

Jessica L.
Jessica advocates to raise awareness about the importance of early detection and screening of liver disease. After years of living with undiagnosed abdominal pain, fatigue, and nausea, doctors found a tumor on Jessica's liver during a scan at the ER. Months of testing, revealed she had hepatocellular adenomas, or lesions, on the liver, often caused by the use of hormonal birth control. Jessica hopes she can help raise awareness and shed light on this common but overlooked condition.

State Statistics

829	New Mexico residents died of liver disease/cirrhosis in 2022
0	liver transplants were performed in New Mexico
0	people are on the liver transplant waitlist
0	New Mexicans have died while on the liver transplant waitlist
11.2%	of adults in New Mexico have diabetes
33.4%	of adults in New Mexico are obese
23.9%	of adults have no leisurely physical activity

ALF 2025 Legislative Priorities

- Increase funding for MASLD research and education
- Expand liver disease surveillance and prevention efforts at the CDC
- Finalize coverage for anti-obesity medication under Medicare Part D
- Support laws like the [Living Donor Protection Act](#), [Safe Step Act](#), [HOLD Act](#) and [HELP Copays Act](#)
- Improve access to liver disease treatments and reduce out-of-pocket costs

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).