



PREVALENCE OF LIVER DISEASE STATE FACT SHEET

American Liver Foundation (ALF) Liver Life Advocates—Raising Awareness, Advancing Change™, represents more than 100 million Americans affected by liver disease.



Alabama Residents Affected by Liver Disease



Sandy F.

Sandy advocates to raise awareness about the importance of liver health and wellness. Sandy was recently diagnosed with metabolic dysfunction-associated steatotic liver disease (MASLD), but thanks to early diagnosis, Sandy has the opportunity to reverse her condition by improving her diet and increasing exercise.



Allison Y.

Allison advocates in memory of her dad, Jerry, who lost his battle with metabolic dysfunction-associated steatotic liver disease plus alcohol-associated liver disease (MetALD), at just 57 years old. Allison believes her father's untimely death is due to a lack of education, resources and treatment options such as living donor liver transplants.

State Statistics

967

Alabama residents died of liver disease/cirrhosis in 2022

108

liver transplants were performed in Alabama

171

people are on the liver transplant waitlist

18

Alabamians have died while on the liver transplant waitlist

13.6%

of adults in Alabama have diabetes

38.4%

of adults in Alabama are obese

27.8%

of adults have no leisurely physical activity

ALF 2025 Legislative Priorities

- Increase funding for MASLD research and education
- Expand liver disease surveillance and prevention efforts at the CDC
- Finalize coverage for anti-obesity medication under Medicare Part D
- Support laws like the [Living Donor Protection Act](#), [Safe Step Act](#), [HOLD Act](#) and [HELP Copays Act](#)
- Improve access to liver disease treatments and reduce out-of-pocket costs

ALF is a national community of patients, caregivers and medical professionals dedicated to helping people improve their liver health. Providing guidance and life-saving resources, we are a beacon for the 100 million Americans affected by liver disease. We advocate for patients and families, fund medical research and educate the public about liver wellness and disease prevention. We bring people together through our educational programs and events and create a network of support that lasts a lifetime. ALF is the largest organization focused on all liver diseases and the trusted voice for patients and families living with liver disease. For more information visit liverfoundation.org or call 1-800-GO-LIVER (800-465-4837).