

At Risk for Liver Cancer?

Learn the Facts



WHAT IS IT?

Liver cancer is the growth and spread of abnormal or unhealthy cells in the liver.



- ▶ **Primary liver cancer**, most commonly hepatocellular carcinoma (HCC), starts in the liver.
- ▶ **Secondary liver cancer** spreads to the liver from another part of the body.

SYMPTOMS

Symptoms often do not present until the cancer has progressed and may include:

-  Appetite and weight loss
-  Nausea or vomiting
-  Jaundice (yellow skin/eyes)
-  Itchy skin
-  Pain in abdomen
-  Swollen abdomen

LIVER CANCER FACTS:

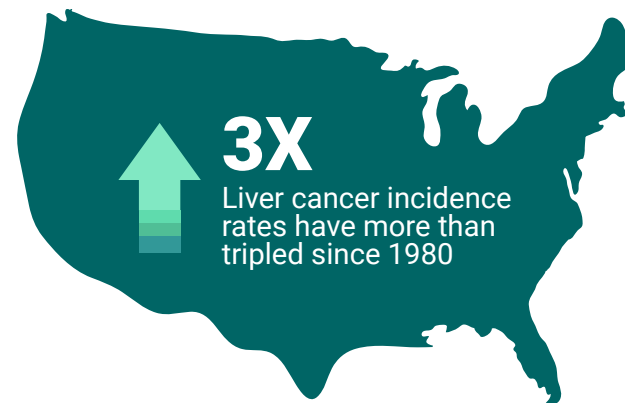
- Liver cancer is the **13th most common** type of **cancer** in the U.S., and **6th worldwide**.
- **Cirrhosis**, or advanced liver scarring, is the **top risk factor** for liver cancer. Cirrhosis is **caused by chronic liver inflammation** from conditions such as **hepatitis B/C**, long-term **heavy alcohol use**, **steatotic (fatty) liver disease**, and others.
- U.S. liver cancer **rates** are **highest among Asian/Pacific Islanders** followed by **Hispanic/Latino**, and **Black/African American** populations.
- Liver cancer is among the **fastest-growing causes of cancer deaths** in the U.S.
- Liver cancer **death rates** in the U.S. have **more than doubled** since 1980.

RISK FACTORS

-  Cirrhosis
-  Hepatitis B or C
-  Excessive alcohol use
-  Steatotic (fatty) liver disease
-  Autoimmune liver disease
-  Male gender
-  Race/ethnicity
-  Obesity
-  Type-2 diabetes
-  High-cholesterol
-  Anabolic steroid use

DIAGNOSIS

Liver cancer can be diagnosed by physical exam, blood tests and imaging scans (i.e. ultrasound, MRI, CT scans). A biopsy, or genetic profiling of the tumor may also be performed to help guide personalized treatment.



TREATMENT

Treatment is based on several factors including the stage, or advancement, of the liver cancer and the patient's overall health. Some include:

- Ablation
- Chemotherapy
- Immunotherapy
- Liver resection
- Liver transplant
- Radiation



Find out if you're at risk today!
Take our free liver cancer quiz at thinkliverthinklife.org/quiz.

To learn more about liver cancer scan the QR code or visit liverfoundation.org/resource-center for more free resources.

